

THE
OTTAWA
JEWISH

Bulletin



The past is our legacy,
the future our promise

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**Thanks To You We Raised
UJA SUPER SUNDAY
To New Heights**

**Together, we're meeting the challenge.
United Jewish Appeal . . . PROMISES TO KEEP**

COMMENTARY

Super Sunday: a good cause and a good time

On Sunday, October 17, I joined 100 other members of our community in the annual Super Sunday telethon for United Jewish Appeal. Ellen and Ray Fathil did a superb job of organizing this effort and it's a pleasure to thank them on behalf of the community. Hundreds of cards were canvassed during this day and more will be covered during the whole of "Super Month".

This year we are holding a series of telethons over a one month period so that we may reach all the members of this growing Jewish community. Over 400 other volunteers will be involved in these telethons. The mitzvah of Tzedakah is not measured in the absolute value of a gift but rather in its meaning to the donor — whether it represents a significant contribution — and its meaning to the recipient.

As president of the Vaad, I'm very cognoscent of our local needs which always seem to exceed our resources as well as the needs of Israel and therefore I appreciate the significance each UJA gift holds for its recipients. A gift to UJA is still the best way for us to participate in meeting



VAAD REPORT

DR. BERNARD DOLANSKY
PRESIDENT, VAAD HA'R

both local and Israeli needs.

The amount of success attained by "Super Month" depends to a great extent on the volunteers who staff the phones. I urge you to get involved and double your pleasure by making a gift to UJA and helping many others to achieve the same mitzvah. Believe it or not, it's actually fun!

How did we do on Sunday, October 17? We raised \$83,000, an increase of 15% over last year. Let's keep up the good work!

One of the areas of community activity that has most occupied my time since becoming president is the Vaad HaKashruth and the whole area of Kashruth. The Vaad HaKashruth operates as a committee of the Jewish Community Council of Ottawa. In this city it is one of the more important manifestations of our yidishkeit. For the past seven years, Aaron Sarna has been the chairman of this committee with Moe Litwack acting as co-chairman. On behalf of the community, I wish to thank both of these gentlemen for their long and diligent service to the Ottawa Jewish community.

I am very pleased to announce the appointment of our past president Dr. Maureen Molot as the new chair of the Vaad HaKashruth with Alan Williams acting as deputy chairman. The appointment of two people with the talent and experience of Maureen and Alan emphasize the importance of Kashruth to the ongoing Jewish life of this community. I'm sure the entire community joins me in wishing them well in their endeavour.

Torah in Ottawa: coming of age



FROM THE PULPIT

RABBI MORDECHAI BERGER
YOUNG ISRAEL OF OTTAWA

Rabbi Yosef Yitzchok Schneersohn, of blessed memory, required of his followers that they occupy themselves with befriending simple and often unobservant Jews. What is more, he expected his Chassidim to teach and instruct even in such basic matters as "Aleph-Bais," be it in the plain sense of the term or the "Aleph Bais" of returning to Jewish roots and traditions.

The Mishnah states "Draw them close to Torah" — and not the Torah to them. At a Rabbinical conference, at which various solutions to the problem of the assimilation of contemporary Jews were discussed, a delegate defended the policy of compromising Jewish values, bringing the Torah "down to the level of the people." He said, "Today a fire is burning in the Jewish community — the fire of assimilation. Although drinking water must indeed be pure, surely anything is good enough to extinguish a fire — even dirty and impure water."

Rabbi Yosef Yitzchok, who was present at the meeting retorted, "That is true if the liquid is definitely water and the only question is whether it is clean-water or impure water. If, however, one should seize a bucket of liquid and throw it into a raging fire in an attempt to quench the flames and if that liquid should prove to be not water at all, but kerosene . . . what then?"

Today, even Ottawa's smaller Jewish community is blessed with many sources of the pure waters of Israel — Mayim Chaim — the waters of the Torah, that are quenching the thirst of countless young and old. Children studying Torah; adults participating in seminars and lectures of our ancient and beautiful heritage; arks of the time. The modern, open-minded Jew is becoming a link in the chain of Jewish history. The Torah and its traditions once more are the focus of Jewish life.

Yet one must not lose sight of the maxim "You are the smallest amongst the

nations." A Jew must not develop an inferiority complex because of the small numbers. Rather, with pride we carry the Star of Israel. Similarly, there are those amongst the Torah community who are overwhelmed by the number of the uninformed.

Recognition of the historical tradition — the survival of Klal Yisrael — is dependent on your Jewish tenacity. The Rambam states the following explicit Jewish law: "Every Jew, man and woman, is duty bound to look upon himself as if he/she had half good deeds and half sins, exactly balancing each other." One should look at the entire universe similarly — as if it has half good deeds and half transgressions. Hence, if one performs one single good deed, the scales have tipped both for that person and for the entire universe to the favourable side.

The Rambam's message rejects the concept of "inferiority complex" because of being small in numbers. Every human being is an "Olam Malai" — an entire world. The Rambam's message underlines the importance of a quality act. Each and every day we have the opportunity to express ourselves Jewishly with a quality act — a mitzvah. One single expression is important! You as an individual have cosmic importance that impacts on yourself, family and the entire world.

May our community merit the valued attitude of the Rambam. May our community continue to grow in its Jewish development and Torah awareness and observance.

As announced in the last two issues, the Bulletin is seeking "guest editors" for this page. This is in response to a request by some readers.

If you are interested in writing an opinion piece on the Middle East, local Jewish issues or matters of Jewish concern, please contact Myra Aronson at 789-7306.

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ORGANIZATIONS AND PEOPLE

"UJA Night at the Movies"

For weeks people in the community who were invited to the "UJA Night at the Movies" wondered what the evening would entail. As they entered the Nepean Civic Centre on September 27 the smell of popcorn and chocolate bars, just like in a real movie theatre, welcomed them to a memorable evening.

The event's Master of Ceremonies Rabbi Reuven Bulka, eloquently delivered the message of the UJA. Representatives of beneficiary agencies, on whose behalf UJA workers labour tirelessly, were introduced, as were the UJA Cabinet Members.

Sam Firestone, the chair of the 1994 UJA Campaign, spoke on this year's theme "Promises to Keep", emphasizing the importance of broad-based community involvement. He thanked the many volunteers whose participation in this year's campaign marked the beginning of what is hoped will be a long and lasting commitment to the Ottawa Jewish community.

The two videos, "Promises to Keep" and "Neot Herzl the Mishpacha", were followed by a film "So No Jew Stands Alone". The film depicts the heroic rescue efforts of the Jewish Agency workers in Ethiopia, Yugoslavia, and the former Soviet Union. Rabbi Bulka emphasized that the greatest of all rescue efforts has gone into rescuing the Jews of Russia and the Republics. In the movie the daily heroic tasks of Carl Unger, Jewish Agency Emissary in Moscow, were given much play.

When the lights went on after the screening and much to the amazement of the audience, Rabbi Bulka spoke on his cellular phone to Carl Unger, "Carl, would



Master of Ceremonies
Rabbi Reuven
Bulka, above,
makes the
call to Carl
Unger, left

you come to visit the Jews of Ottawa?" The voice, which seemed to be not far away, answered, "Yes, I will." A short, unassuming man got up from the first row of the auditorium and came to the microphone. The crowd fell silent. Then everyone rose for an emotional standing ovation!

Carl Unger delighted and impressed the audience by describing the daily adventures involved in rescuing Jews from areas of political strife and unrest. He spoke of the dangers and risks in

bringing Jews safely to Israel. Unger also described the most recent rescue mission in Sukhum and Tbilisi. Sometimes a tribe or a bottle of cognac will get the representatives of the Jewish Agency a plane, and a pilot who will fly under extremely difficult conditions to lift a handful of Jews to safety.

The over two hundred people who attended the "UJA Night at the Movies" came away informed and inspired. The event was planned by Robert Greenberg and Charles Schachnow.



Movie-goers Susan Welsman, Leslie Greenberg and Jeff Taylor

From 1994 UJA Campaign Chair, Sam Firestone

Andre Sakharov challenged the monolith and succeeded. Raoul Wallenberg saved more Jews than any one country. Each one of us can make a difference.

As chair of the 1994 UJA "Promises to Keep" Campaign I attend countless meetings, events, and telethons. Each function is a pleasure because I am surrounded by enthusiastic people, who give their time and effort to make a difference in our community, and for Jews around the world.

The people who have volunteered this year are a mix of those who have been involved with the community for several years, and new individuals. This positive combination is a blend of new ideas and years of experience.

The 1994 "Promises to Keep" Campaign involves dedicated volunteers who are willing to labour tirelessly and enthusiastically on behalf of UJA.

I would like to take this opportunity to thank the many volunteers who helped out at the October 17 Super Sunday.

Morton Fleet	Issie Grajcar
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Laura Greenberg	Cally Kardash
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Jackie Barwin	Hana Brownstein
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Maureen Melot	Bernie Dolansky
Sandy Krontek	Faye Goldman
Gaby Sassoon	Michael Landau
Donna Nadolny	Jean-David Boulaika
Rose Taylor	Danielle Boulaika
Chick Taylor	Allan Baker
David Appotive	Esther Baker
Beryl Ben Reuven	Margo Levy
Kevin Cantor	Julia Frid
Janet Isserlin	Arnie Vered
Eve Shulman	Miriam Birnbaum
Vera Klein	Rose Wald
Libby Steinberg	Gerry Koffman
Valerie Good	Pauline Pankowski
Mendel Good	Celia Abraham
Susie Welsman	Kayla Malay
Thelma Steinman	Laura Greenberg
Jeffrey Taylor	Howard Goldberg
Jeff Gould	Abe Nadrich
Barbara Farber	Rebecca Cameron
Len Farber	Tami Sanders
Len Mader	Esta Linden
Yvonne Azuelos	Barbara Blevis
Rabbi Reuven Bulka	Enid Gould
Joel Yan	Kyle Abraham
Sunny Tavel	
Susan Strauss	
Rebecca Hadida	
Stephen Victor	
Susannah Dalfen	
Sheldon Shaffer	
Jennifer Carr	
Aviva Shiff	
Sheila Boydell	

And the very dedicated Super Sunday Super Family, Eilen and Ray Fathi, and their children Michael and Tamara.

In future issues I will be naming the hundreds of SuperMonth telethon volunteers.

I would like to thank all of the people who are making the 1994 campaign a success. I would also like to encourage those who have not yet contributed to please do so.

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		B's	11-12	1982-83
		Seniors	13-14	1980-81
		Pathfinders	15	1979
		CITS	16	1978
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ORGANIZATIONS AND PEOPLE



March of the Living taking applications

The March of the Living, an international educational program for Jewish youth, is now accepting applications from Canadian high school students. The 1994 March is scheduled for April 4-17, at which time thousands of Jewish youths from around the world will gather together in Poland and Israel to mark two of the most significant dates in the modern Jewish calendar.

Yom Hashoah (Holocaust Remembrance Day) will be commemorated at Auschwitz-Birkenau. Participants will take part in a symbolic March of the Living, in stark contrast to the infamous Death Marches that hundreds of thousands of Jews were forced to undertake during the Nazi Holocaust. The day will culminate with a religious service commemorating all those who perished in the Holocaust. The visit to Poland will also include trips to a number of towns and villages that were once vibrant centres of Jewish life and learning, including Warsaw, Cracow, and Lublin, as well as other Holocaust-related locations such as Treblinka and Majdanek.

During the second part of the trip the students will be in Israel for Yom Ha'atzmaut (Israel's Independence Day). The students' week in Israel will include visits to a number of exciting locations and ancient sites including Jerusalem, Masada, The Sea of Galilee and Tel Aviv. The Canadian teens will witness the miracle of Operation Exodus by greeting ultra from the former Soviet Union arriving in Israel and experience the hospitality of Israeli families during visits

to the various Project Renewal neighbourhoods, twinned with communities in Canada. Seminars on Jewish identity, Israel/Diaspora relations, the ongoing peace talks between Israel, the Palestinians, and her Arab neighbours, and the relationship between Israel and the Holocaust, are also planned.

Some 350 Canadian students — from Vancouver to P.E.I. — and 50 chaperones are expected to participate. Previous March of the Living programs (held in 1988, 1990 and 1992) had a profound impact on the young Canadian teenagers who participated.

"I didn't grow as much in my 16 years of life as I did in my two weeks on the March of the Living," said Perla Ettinger, a participant in the 1992 March of the Living.

The cost for the 1994 March of the Living is \$2,995 (including airfare) from all points in Canada and limited scholarships are available for individuals unable to meet the full cost.

The March of the Living is one of the most impactful educational programs with which I have ever been involved. It converts book learning to reality and has an impact that lasts a lifetime," noted Stanley Plotnick, national chairperson for the March of the Living.

The March of the Living is sponsored by the United Israel Appeal of Canada and local Canadian Jewish Federations. For more information and/or application forms, contact Barbara Blivis at 789-7206.



Dead Sea Scrolls lectures Nov. 6-7

The Adult Education Committee of Agudath Israel will be featuring Hershel Shanks, noted author and editor, as a guest speaker. The topic will be *The Dead Sea Scrolls — how they were found and what they say*.

The lectures on November 6 at 8:00 p.m. and November 7 at 9:30 a.m. will take place at the synagogue, 1400 Colborne Ave. There will be a \$5.00 charge for each event, payable at the door.

The Dead Sea Scrolls, the greatest manuscript discovery of the 20th century, were initially discovered by accident in 1947 by Bedouin shepherds. In the decade that followed, an entire library was unearthed in 11 different caves — but almost all the texts were in tatters.

The dramatic story of their discovery, their acquisition by scholars and the appointment of an editing team from which Jews were excluded forms the background to the continuing controversies over the Scrolls.

These lectures will describe the contents of the Scrolls, which explains why they were controversial — biblical texts, hymns, prayers, legal texts, a letter that may hold the key to the sect's origins, a guide to vast quantities of buried treasure and much more. The recent successful effort to open the Scrolls to all scholars will also be recounted.

Hershel Shanks is the founder and editor of the *Biblical Archaeological Review*, which led the recent drive to free the Scrolls. He has also written widely on both legal, biblical and archaeological subjects, including the recent best seller *Understanding the Dead Sea Scrolls*.

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ORGANIZATIONS AND PEOPLE***Chavat Chapter, O.R.T.*****Valuable lessons about hate**

By Reesa Aaron

At the Chavat chapter of O.R.T.'s Oct. 12 meeting hosted by Sharon Greenberg members were given a first-rate education on the Murky World of Hate, courtesy of Detective Dan Dunlop.

Dunlop works in the Ottawa Police Bias Crime Unit, a two-person unit specializing in crimes motivated by hatred and based on race, religion, ethnicity or sexual orientation.

The unit is the first of its kind in Canada. Modelled after a similar Boston police unit which began in 1978, the Ottawa unit is fully operational and has already generated immense interest. The unit's task is threefold; it aims to educate the youth, to investigate hate-motivated crime and to gather intelligence on groups which are notorious for spreading hatred.

such as the Heritage Front.

Although Dunlop was not pressing any alarm buttons, he said that anti-Semitic incidents do "give us cause for concern." As a community, we need to stay informed and watch our youth, as schools are fertile recruitment grounds for many white supremacist groups. He said we have to understand "the nature of the beast" and urged members to empower themselves by standing up and addressing the hatred, by saying this is unacceptable.

The Jews are the hate-mongers' top target. They are looking for the extermination of the Jews, says Dunlop. Next on their list are the blacks, who they say came over to America "on Jewish-owned merchant ships." Then there are the "agents of Zog." These are the officers of the government or the police — basically anyone who

gets in their way. The scary thing, says Dunlop, is that there are people in our government and trustees on our school boards, people in power, who are white supremacists.

Members were shown a video of white supremacists marching down Bank Street pumping up the crowd. When the mob mentality takes hold, explains Dunlop, people get "sucked up into the vortex." They change personalities and become animals. There's strength in numbers.

It is through the footage of such videos, says Dunlop, that police can make arrests. Otherwise, their hands are often tied because "hatred is subjective. After all, it's not illegal to be a white supremacist. Yet how much can we stuff under the banner of Freedom of Speech?" Dunlop called on the public to speak up and demand changes in the Criminal Code to better address these issues because as it stands at present, "the laws are toothless."



Reesa Aaron and Detective Dunlop

The next meeting of the Chavat chapter of O.R.T. will be held on Wed. Nov. 10 at the home of Helene Blitstein, 560 Tweedsmuir Ave. at 7:30 p.m. The speaker will be Dr. Linda Dubux who will discuss volunteerism as it relates to balancing career and family responsibilities.

Hadasah-WIZO**Charting a course for personal growth**

By Lynda Taller Wakter

potential.

If you don't know where you're going, any road will take you there.

After Ottawa Hadassah-WIZO's successful strategic planning session, it appears that the 75-year strong organization will not succumb to this Alice in Wonderland syndrome.

On Oct. 3, a small but dedicated group of members gathered at the home of Terry Schwartzfeld to ponder why people join the organization: Is it to do something or is it for something to do?

To begin, attendees were asked to review the organization's goals and principles as set out in a Statement of Mission penned by members at the national level. Were we familiar with the statement? Did the mission mesh with our vision of Hadassah-WIZO? Participants agreed that there were shared goals and values.

Lacking, though, was a commitment by the organization to promote personal growth and to help members realize their

As the day unfolded, there was consensus to sponsor specific local programs that feature personal development. Most notably, participants agreed on an idea for a fundraising cum educational workshop. The one-day workshop is planned for mid-November. A keynote speaker will challenge traditional fundraising methods in an effort to help members focus their energies on state-of-the-art strategies. The workshop promises to be an event in itself. Members and members-to-be are encouraged to book a space early.

Participants mapped out several other short, medium and long-term goals to ensure that Hadassah-WIZO continues to be the architect of creative events that help move the mission forward and meet members' growing and diverse needs.

For additional information on the fundraising workshop or how to get involved in Hadassah-WIZO, call the office at 226-3850.



UJA Superstars: Cindy Resnick, Elissa Lieff and Debi Zaret at a recent Women's Division Super Event CONNECTIONS. Cindy, Elissa and Debi are some of the founding members of the Young Women's Leadership Council. They have, in addition to their Council participation, assumed many volunteer positions in the community and the UJA. Thanks to their efforts the quality of life in our community and in Israel will be much improved.

Women's Division, UJA**Top Donors Luncheon**

Arna Poupko, guest speaker at Top Donors luncheon. Seated, from left, are Roslyn Kimmel, Sheila Hartman and Rose Taylor.

The pins were presented by last year's Women's Division co-chair, Pat Flesher, who chaired the afternoon with Dorothy Nadolny.

The guest speaker for the program was Arna Poupko. Poupko has an impressive curriculum vitae and is currently a doctoral candidate in Jewish Philosophy at McGill University.

Her topic was "If I am for Myself Alone...Who are all of You?" During the course of her remarks, she spoke of the need to involve the entire Jewish community in the community building process.

Women's Auxiliary of Hillel Lodge to hold Tea

By Laura Greenberg

The Women's Auxiliary of Hillel Lodge will be honouring its executive and Board of Directors at the Annual Fall Tea, Sunday, November

7. The event will take place at the Lodge, 125 Wurtemburg Street from 2-4.

The Gift Shop, featuring hand-made crafts and knitwear will be open at that time. All proceeds from sales

are used for the comfort and care of the residents. Convenors Betty Finkelman and Lillian Zunder, along with the executive of the Auxiliary and the residents, look forward to seeing you.

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ORGANIZATIONS AND PEOPLE**Others can match Wallenberg's power, says author**

By Ruth Kahane

Raoul Wallenberg was not born a hero and the power of his commitment can be achieved by ordinary people, Dr. Ervin Staub told the gathering at the 10th anniversary commemoration of Raoul Wallenberg Park on Sunday, October 3. The event was organized by the Ottawa Holocaust Remembrance Committee in conjunction with the City of Nepean.

Dr. Staub described Wallenberg as "in many ways an ordinary person who had a lot of courage and who had a motivation in his life. He had an inclusive definition of humanity. He did not draw lines between 'us' and 'them.'"

Like many people who saved Jews in Nazi Europe, Wallenberg was asked to play a role but was initially reluctant. Then he was invited to go to Hungary when the United States Refugee Board was formed in 1944. By then Wallenberg was very concerned about the actions of the Nazis and the call came at a time in his life when he was looking for something meaningful to do.

After he began his mission in Hungary, his commitment became more intense. "He took actions that finally led to his total commitment for the sake of others," Staub said.

Dr. Staub, the author of *The Roots of Evil, The Origins of Genocide and Other Group Violence* and a professor of psychology at the University of Massachusetts at Amherst, was rescued at the age of six by Wallenberg in Budapest. His life work has been based on the study of altruism and more recently, on evil.

Dr. Staub movingly shared his recollection of his journey to a Wallenberg safe house in the dark with the tanks rolling through the

"(Wallenberg) had an inclusive definition of humanity. He did not draw lines between 'us' and 'them.'"

—Dr. Ervin Staub

streets. He pushed his little sister in a carriage with his family's rescuer, a non-Jewish woman who worked for them, at his side.

He said that just as the altruistic personality evolves and becomes increasingly committed, those who are involved in group violence are changed by their actions. Their task, to destroy others, becomes a fanatical commitment which they must accomplish.



In Hungary, people were being marched out of the country until the very last moment of the war, Dr. Staub said. "Even when everything was collapsing around them, the Nazis were committed to completing their job — the killing of the Jews of Europe."

The ceremony was moderated by Vera Gara, who was instrumental in the establishment of the park. There were messages from Nepean Mayor

Ben Franklin, Jewish Community Council of Ottawa President Dr. Bernice Dolansky, Embassy of Hungary Councillor Lajos Mayer and Embassy of Sweden Councillor Hakan Malmqvist. The guest speaker was thanked by Gerald Cammy.

Ten evergreen trees planted in the park surrounding the statue of Raoul Wallenberg were symbolically dedicated to his work by participants representing Holocaust survivors, Jewish war veterans, anti-racism organizations, Jewish-Christian dialogue, Nepean federal election candidates and local neighbourhood youth.

Dr. Staub later spoke at the Ottawa Congress Centre to launch the Ottawa-Carleton Anti-Racism Network. This program was organized by the Community Relations Committee of the Jewish Community Council chaired by Ron Singer. Participants from many ethnic minority groups questioned Dr. Staub about their concerns in dealing with growing racist activity.



Launching the Ottawa-Carleton Anti-Racism Network at the Ottawa Congress Centre:
From left, Tina Walter, Dr. Ervin Staub, Ruth Kahane, Ron Singer, Ngoc Tran, Peter Harris



Nepean federal election candidates dedicate
The Tree of Democracy

Notice re: Cemetery signs

Those of you who have been out to the New Jewish Cemetery will have noticed that the signs at the corner of RR#8 and RR#25 (where it continues southward) have been removed. These were there with the permission of the owner, who is now developing the property and has taken them down.

We have put up a very small sign on the north side of RR#8 just before the intersection of RR#25 (where it continues southward). The sign is on Regional property, and for the moment, it is the best we can do. Please look for it on the right hand side of the road as you come from Ottawa.

We shall try to improve on it as soon as we can negotiate with the Region for something bigger.

Israel Shinder
Chairman of Ottawa Jewish Cemeteries

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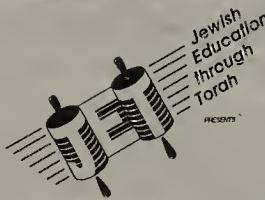


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The DISCOVERY Seminar aims to provide a thoughtful, intelligent answer to the question, "Why be Jewish?" DISCOVERY's sophisticated approach was developed by leading educators and scientists and adapted by Aish HaTorah, an organization with a unique ability to captivate critical thinking Jews with the profound meaning of their heritage.

Who Attends Discovery?

The program is designed for Jewish men and women of all ages who are short on time but long on curiosity, who have a sophisticated secular education and want to expand their background in Jewish studies.

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Time: Sunday, November 14, 1993, 9:20 AM - 6:00 PM
Place: CITADEL INN - 101 Lyon Street North
Tickets: \$36.00 per person (\$20.00 for students) includes full lunch and snacks.
Information: For reservations call: 521-4437

DISCOVERY Sponsors: Sidney & Gerassine Goldstein, Jerry & Daniela Leibn, Norman & Isobel Lash, Gomil & Ingred Levitz, Seymour & Sharon Mayne, Mrs. Shirley Kardish, Henry & Macaroni Mold, Harry & Roseanne Prizant, Mark & Barbara Siegel, Julie & Barbara Sigler, Brian Lahey, Stuart Levine

ORGANIZATIONS AND PEOPLE

Who am I? Where am I from?

"Dorot": The Genealogy System at Beth Hatefutsoth

On Sunday morning, November 14 the community is invited to attend a presentation by Mr. Joe Dushansky on "Dorot", the computerized genealogical system of Beth Hatefutsoth. The event will take place at 10:00 a.m. at Temple Israel, 1301 Prince of Wales Drive.

There has been considerable interest in the genealogical system at Beth Hatefutsoth and this marks the first time that Ottawans will have the opportunity to explore it firsthand. Many diaspora Jews know little about the shtetls and towns of their grandparents, the origins of their surnames or the history of their families. The computer system allows one to enter a surname or the name of a town in order to

obtain information about the family tree, migration, occupations and links to other families.

In addition to a look at the genealogical system, Mr. Dushansky will present an overview of Beth Hatefutsoth, a most popular destination for tourists, Israelis, and new immigrants.

Joe Dushansky is the external relations director of Beth Hatefutsoth, the Nahum Goldmann Museum of the Diaspora in Tel Aviv. He travels extensively, lecturing about the museum and its programs. In mid-November, Mr. Dushansky will be at the General Assembly (GA), in Montreal, to explain the museum and to feature the genealogical system. He has kindly offered to present this



The Rothschild family tree

material in Ottawa before the GA begins.

This program is co-sponsored by the adult education committee of Temple Israel. The format will be a light breakfast beginning at 10:00 a.m., followed by the speaker. A nominal charge will help to cover expenses. For further information, please call Teena Hendelman (H:235-9414, O:239-5921) or Fran Pearl (H:726-9330).



—Courtesy Hugo Levendel (git), Ottawa Jewish Historical Society
Mr. I. Slonemsky, first president of Adath Jeshurun Synagogue (second from left) with Mrs. Louis Davis and employees of Slonemsky's General Store on Rideau and Mosgrove — 1901.

An update from the Ottawa Jewish Historical Society

By Sara Shahsove

As time passes and history evolves the Ottawa Jewish Historical Society also continues to function by documenting important occasions.

The Historical Society was one of many organizations invited to participate in the centennial of the Ontario Legislative buildings this past summer. Exhibits and photos about early Ottawa Jewish history were set up at the Legislature. A small part of this exhibit is now on view in the foyer of the Jewish Community Centre, 151 Chapel Street.

EVENTS

On September 12, Sol Shinder gave a presentation on the origins and activities of the Labour Zionist Movement of Ottawa from 1920 to 1970. He spoke of the Shinder family's involvement in the growth of this fine organization. Shinder remarked "It re-kindled many of my childhood memories."

FROM THE PAST - Ottawa's first synagogues

The first Ottawa synagogue was formally established in 1892. According to the Ottawa city directory of 1897-98, there is also a record of a synagogue located at 421 Sussex Street with Rev. Jacob Mirsky as rabbi. However, in 1899 Rev. Mirsky is shown as rabbi at Adath Jeshurun synagogue on Murray Street. There is no further mention of the Sussex Street synagogue after this date.

Records show that the first Jewish couple to be married in the Murray Street syna-

gogue by Rev. Mirsky was Mr. and Mrs. Bernard Smith. Their eldest son Kalman Smith was born on June 9, 1898.

The second Jewish synagogue formally established at the turn of the century was Agudath Achim located on Rideau Street near Friel Street.

The pioneer days were very lively when you consider that in the 1901 census there were only 398 Jewish inhabitants in Ottawa.

In 1912, a new building replaced the Rideau Street synagogue and the cornerstone was laid by Israeli Sugarman. In May 1956, the wedding of Claire and Irving Berovitch was the last to be held at the Rideau Street synagogue. On July 5, 1956, Congregation Adath Jeshurun and Agudath Achim united to form the Beth Shalom Congregation. Bernard M. Alexander was president and Alex Betcherman was vice-president.

THE PRESENT

The Historical Society is looking for information to complete its records of the National Council of Jewish Women prior to 1970. We would also appreciate records for Pioneer Women. If anyone has any information on either of the above, please contact Shirley Berman.

It is important to support the Ottawa Jewish Historical Society. Today's events are tomorrow's history. Keep us up-to-date so that our heritage and origins are always available for future generations. For memorable gifts — donate to the Ottawa Jewish Historical Society. Funding helps us to continue our work.



Tamir Foundation - October 1993

Mazal tov to:

Mr. Willie Aronoff on his special birthday by Irene, Lee, Sandy, Gerry, Chad, Rian, Franseen and Sam

Benjamin Feinstein on his 95th birthday by Diana and Harry Hershorn and by Freda and Maxwell Lobel

Doris and Jon Hoffman on their 40th wedding anniversary by Sandra, Eli and Aaron Hoffman

Doris Hoffman on her birthday by Sandra, Eli and Aaron Hoffman

Cally and Sid Kardash on Jonathan's engagement by Bernice and Isaac Kerzner and Family

Ethel and Abe Murray on Ian's engagement to Debbie Hoffman by Sarah and Arnie Sweder and Family; by Roslyn, Myles, Jodi and Julia Taller and by Lillian and Mark Zunder and Family

Shelley and Morris Schachnow on birth of their granddaughter by Ann Bernick and by Molly Levine and Family

Stephen Vietor on his new venture and continued success in the future by Shelley and Morris Schachnow

Mr. and Mrs. Milton Shaffer on their 55th wedding anniversary by Sonja and Sheldon Shaffer

Max Steinberg on his birthday by Doris and Joe Hoffman

Percy Young on his special birthday by Diana and Harry Hershorn and Family

Refuah Sh'Lemah to:

Mrs. Ruth Chandler by Morton, Sheila, Stephanie and Harland Tanner

Sylvia Kisman by Freda and Maxwell Lobel

Isaac Kerzner by Libby Lieff and Family and by Sylvia and Morton Pleet and Family

Mrs. Elva Mayotte by Ethel and Abe Murray and Family

Mrs. I. (Mary) Potechin by Joe and Doris Hoffman

Dave Schaeinfeld by Harry and Diana Hershorn

In memory of:

Sydney Abramowitz by Gloria and Arni Faintuck; by Gale Greenberg; by Max and Elsie Greenberg and Family; by Beatrice and Moe Lesser; by Jerry and Lily Penso; and by Mark, Andrea and Zachary Shore

Mother of Sandy Ages by Bill and Phyllis Leith

Joe Barrett by Roslyn, Myles, Jodi and Julia Taller and by Eric Weiner and Arlene Godfrey

Etta Bart by Morton, Sheila, Stephanie and Harland Tanner

Zlata Halickman by Freda and Maxwell Lobel

Freda Hart by Mark, Andrea and Zachary Shore

Sharon Koffman by Gloria and Arni Faintuck; by Bill and Phyllis Leith; by Judy, Murray, Gail and Steven Lieff; by Freda and Maxwell Lobel

Lillian Schoffeld by Phyllis, Bill, Jordan and David Leith

Margo Sim by Morton and Sheila Tanner

Issidor Sobchuk by Judy and Murray Lieff

Donation cards, minimum \$10.00 can be purchased by contacting Fisba Diener, 2010 Woodcrest Road, Ottawa, Ontario, K1H 6H8, 733-5155 or Lily Penso 725-1845.

ORGANIZATIONS AND PEOPLE

BEI OUR TOWN

Book honours Maxwell Cohen

A new book *Law, Policy and International Justice: Essays in Honour of Maxwell Cohen* has recently been published. Edited by William Kaplan and Donald McRae, the book is a collection of essays, written by distinguished scholars, that reflect some of Maxwell Cohen's interests and concerns.

As a law professor, dean and scholar, and through domestic and international public service, Judge Cohen has played an important part in determining the direction of the law and legal institutions in Canada as well as internationally.

Maxwell Cohen is presently scholar-in-residence in the Faculty of Law at the University of Ottawa.



Maxwell Cohen

Mayne book published in Hebrew

Seymour Mayne, a well-known poet and professor at the University of Ottawa, has recently had his third collection of writings published in Hebrew translation.

The launching of the book *Locus of Silence*, and a reception in Mayne's honour took place this past summer at the Embassy of Canada in Tel Aviv under the auspices of Ambassador Norman Spector. On this promotional tour, Mayne also lectured and gave readings at Bar-Ilan University and the Van Leer Jerusalem Institute.

Locus of Silence follows on two earlier volumes, *Vanguard of Dreams: New and Selected Poems and Simple Ceremony*. "At this time" says Mayne "it seems that I have more books of poetry in print in Israel than any other English-language writer - a novel situation for a Canadian!"

Michael Caspi top Grade 10 student

Michael Caspi has received the award for top student in Grads 10 at Glebe Collegiate with a 97.3% average. He also received the O.G.E. Special Scholastic Attainment Silver Medal and the Glebe Collegiate Institute General Proficiency Award.

In the Cayley Mathematics Contest for Grade 10 students, Michael ranked in the top 25% of all contestants in Canada.

Michael attended Maimonides and Star of David Schools as well as Akiva High School where he completed his O.A.C. credit in Hebrew with a mark of 100%. He is the son of Carol and Ben-Zion Caspi.



Michael Caspi

Do you have a news item of interest to the community? The *Bulletin* would like to receive notice of special occasions such as community honours, awards, achievements and special anniversaries. The *Bulletin* would be pleased to announce an important event in your life so others may be aware of your accomplishments. In addition, if you have any interesting anecdotes of local Jewish interest, let's hear from you! Contact Myra Aronson, Editor at 789-7306 or by fax 789-4593.

Mazal Tov!

Twins

Uri and Ruth Tal are thrilled to announce the safe arrival of twin grandsons born October 5 in Israel to Shelli and Yeacov Lerman. Two new brothers for Yaniv, Itai, Adi, and Yosef. Proud great grandparents Percy and the late Ethel Addelman.

Engaged

Uri and Ruth Tal are delighted to announce the engagement of their daughter Gila to Darren Greer, son of Hilda and Syril Green of Johannesburg, South Africa. An October '94 wedding is planned.



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UJA Scrapbook



SUPER SUNDAY'S SUPER FAMILY: Ellen and Ray Fathi with children Michael and Tamara.



COMMITTEE MEMBERS ON THE SCENE: Pictured at the recent UJA Outreach meeting for Centretown held at the home of Lynda and Lawrence Greenberg are committee members, from left, Linda Nadolny-Cogan, Beverly Cogan-Gluzman, Felice Fleet and Marjorie Feldman

Shenkman Award established

The Alumni Foundation of Lisgar Collegiate has announced the establishment of the Shenkman Award for Business Studies by Harold (Joe) Shenkman. The award is in honour of his late brothers, Benjamin Paul, Dr. Samuel, and Abraham Irving, in appreciation to the school, and to commemorate Lisgar's 150th Anniversary.

The Shenkman boys all attended Lisgar Collegiate 70 years ago and Harold (Joe) Shenkman is the last survivor of the family.

The Shenkman scholarship



Harold (Joe) Shenkman

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ORGANIZATIONS AND PEOPLE

Introducing a new feature for university students

Announcing a new column written by university students. The Bulletin is now accepting submissions — opinions, observances, commentaries — on any topic relevant to student life. If you are interested, call Bram Aaron at 231-5923 or Dan Wolish 820-4759.

By Tammy Stone

We've all heard of the proverbial calm before the storm, right? Well, that describes the orderly and very quiet line-ups to purchase our frosh-kits on that fateful day — our first day at Carleton University. The kits contained T-shirts and mugs, among other things that were needed to participate in the orientation for freshmen.

The nervous anticipation of waiting ended as a few friends and I reached the head of the line. Suddenly the silence broke into a frenzy of activity as frosh kits were shoved into our arms and we were herded

CAMPUS BEAT

(yes, as in the way animals are manoeuvred), off in separate directions. The rest was a blur of meeting people, screaming our new group cheers, playing games, having barbecues, and socializing at the newly-renovated campus pub — Oliver's. And that was just the first day.

Coming from Hillel Academy, which was all Jewish, and Sir Robert Borden High School, which had a large Jewish population, Carleton has become a new and fresh experience for my friends and me. Never in my life have I seen such a diverse group represented in the confines of a small area. Diverse usually indicates differences in racial and ethnic background, but I'm also talking about the way people think and behave. It's so refreshing to finally be educated by our peers and professors alike.

Don't get me wrong. I value the years I spent at Hillel for the lasting friendships I came out with and the study skills that took me easily through high school and on to higher education. However, there are drawbacks to being limited in the types of people with whom you associate. The few short weeks I've spent at Carleton have already proven to me that my parents were actually right when they droned, "You live a sheltered life."

Not that mass assimilation is easy, either. I've tended to stick to a lot of my old friends while meeting the new. I mean, who wants to walk the long halls of Carleton alone? But in comparison to the overt prejudice I know is out there, whether on campus or in society, Carleton has been a remarkably comfortable transition. In a politically correct era, Car-

leton University has indeed followed suit. Among the fun and games of frosh week were numerous lectures on such serious issues as equal rights, facilities for gays and lesbians on campus, and the intolerance for discrimination of any kind.

In fact, when Saturday Night Live's Chris Rock came to Carleton to do his stand-up routine, his sexist jokes literally caused people to walk away in disgust. I would not have expected the display of anger and "political correctness" over what was supposed to have been the highlight of frosh week.

So how do I feel about entering this mixi-society from a predominantly Jewish background? I realize that religion may be, and is, important, but first and foremost I am a person. That is the link that will always tie me to peers, no matter where I am. However, there is also a certain feeling of unity being part of just one of the many existing cultures at Carleton.

There's a place for you at JSU-Hillel

By Dan Wolish

For years, Ottawa students have flocked to university campuses in London, Toronto and Montreal to meet fellow Jewish students and make new friends. Unfortunately, Ottawa is frequently overlooked by its own community as a place for students to spend their four years of study. However, the Ottawa universities can also provide a rich selection of Jewish and academic activities and satisfy the same Jewish needs as these other cities.

One of Ottawa's greatest assets is an active and lively Jewish Student Union-Hillel (JSU-Hillel). The organization has grown steadily over the past three years and currently has a membership list of over three-hundred students. Many of the members are first and second year students from Toronto and Montreal, but several are from as far away as Vancouver, Calgary, Edmonton, Winnipeg and the Maritimes. Older age students are also well represented within the group. Some of JSU-Hillel's most active members are studying at the University of Ottawa's Law and Medical schools, are in a variety of Master's programs at the universities or are upgrading their skills at Algonquin College.

On October 4, JSU-Hillel's opening party was an outstanding success. Over three hundred students arrived at Sammy's Cellar to

dance to live jazz. There will also be a variety of other events to attract the diverse membership. Some programs planned include Shabbat Dinners at the different synagogues. They will feature dynamic speakers and discussion groups conducted by students that deal with controversial and provocative topics. There will also be a Judaism Theme Day and a Holocaust Remembrance Week at both university campuses.

One of JSU-Hillel's most important goals is to introduce visiting students to Ottawa's large and vibrant Jewish community. Arts Alive and other community events will be actively pro-

moted throughout the year. JSU is eager to send students to Jewish conferences and is willing to help subsidize registration fees for its members.

Dedicated executive

JSU-Hillel has a very active and dedicated student executive. Audrey Wexler and Joshua Stevens are the presidents for University of Ottawa and Carleton University campuses respectively. Audrey, JSU's only veteran executive member, has provided valuable insight into the programming process and has a keen sense of what needs to be done and how to do it. Joshua's adroit

manipulation of a computer has proven to be an organizational blessing. Lauren Hoffer, vice-president at Ottawa University, brings enthusiasm and superior organizational skills. She has been very active in Toronto's B'nai Brith for several years and is currently Ottawa's BBYO director. Helen Braiter, vice-president at Carleton University, has infused JSU with new ideas and her knowledge of the "ins" and "outs" of the Ottawa Jewish community has been indispensable. David Tordjman, JSU's treasurer, has the difficult task of organizing the income and expenses of the student group. The Social

Committee chair, Jennifer Sugar, has been hard at work to plan exciting parties and social gatherings. She is largely responsible for the success of JSU's opening event. Elissa Colberg and Alan Azuelos are sharing the responsibilities of Cultural Committee chair. This includes weekly display tables explaining various Jewish holidays and Jewish culture at the university campuses. A line-up of theme days and exciting speakers are soon to follow. The executive has received expert guidance from its recently hired director Cecile Bensimon. Cecile has years of involvement in Jewish organizations in Toronto and Ottawa.



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ORGANIZATIONS AND PEOPLE



Hillel Academy students visit Hillel Lodge

On erev Rosh Hashanah, Grade 8 students from Hillel Academy, along with their teachers, Mrs. Sara Breiner and Mr. Zvi Urim, performed the very important mitzvah of visiting and caring for the elderly. The students enthusiastically sang Hebrew songs, danced the hora and presented the residents with greeting cards, apples and honey.

Ottawa Modern's 40th Anniversary

By Julie A. Fine

OMJS will celebrate its 40th Anniversary in style. On Saturday November 6, Dr. Norman and Myrna Barwin will host an evening of international hors d'oeuvres, wine, desserts and music for past and present members. On Sunday November 7, a special event is planned for the students at the school.

In honour of this event, donations may be made to the Ottawa Modern Jewish School Endowment Fund or

directly to the school c/o the president, Jane Gordon.

September 1953 marked the beginnings of OMJS. Due to the hard work of such individuals as Abe Palmer, Andy Andras, Phil Cohen, Mona Skolko, Lillian Katznelson, Mini Rachlis, Eva Kassirer, Sydney Rossy and Allen Solomon, the school had a Charter by February 1954.

The first school year had approximately 30 students. It has grown so much in the last five years that there have been as many as 145

enrolled.

Many students have returned to OMJS to assist in the classrooms. Several have gone on to Akiva High School.

The school is fortunate to have teachers who care and make learning enjoyable as well as challenging.

To be a Jew and to be proud of it, to know what has happened and is happening here and abroad and to learn our culture and heritage are the goals of the school.

OMJS is not affiliated with

any particular synagogue, rather it has students from Reform to Orthodox as well as new immigrants with no affiliation at all.

Even if you have never had a previous Hebrew education, it's never too late. OMJS offers three year old nursery, four year old kindergarten as well as classes to Grade 7.

For further information about the school or the 40th Anniversary call the principal, Gerry Cammy at 829-1284, the office at 722-6557 or Julie Fine at 820-8808.

Fresh from the Florida sunshine tree

By Rhoda Levitan

Hillel Academy P.T.A. is undertaking a new and exciting fundraising campaign. Until November 8, the students, parents and staff will be selling cases of premium quality fruit.

Sweet, seedless navel oranges are \$17 for a 20lb. case or \$30 for a 40 lb. case. Grapefruits are pink Indian River, juicy and large. A 20lb. case sells for \$15 and a 40lb. case is \$27. This fruit is of high quality and is less expensive than that sold in supermarkets. That means excellent value!

All orders must be in by Nov. 8. Fruit is being shipped directly from the Florida Sunshine Trees to 881 Broadview Ave. where it will be available for pick up on Nov. 29, 30 and Dec. 1.

A healthy, delicious snack — a wonderful gift idea — an easy way to help support our day school.

For information or to place your order please call Rhoda Levitan 723-0888 or Sharon Rattner 226-3142 and bring some Florida sunshine into your home.

JET

A program just for you

The holidays have ended and JET has a whole new slate of courses that have just begun. It is not too late to join.

There are classes for adults in many different levels. For the beginner or intermediate, there is Essential Facts and Figures of Judaism given by Rabbi Zischa Shaps at 7:30 p.m. on Monday evenings at Congregation Machzikei Hadass. This is followed by Basic Hebrew II given by Ilana Benzaquen at 8:20 p.m. On Thursday evenings at 7:15 p.m., also at Machzikei, Rabbi Shaps is presenting an overview of and insights into the weekly Torah reading.

This course is followed by the Beis Medrash program for men which offers a program for beginners to advanced. The program includes a Talmud Study Group led by Rabbi Shaps at 8:00, and a Halacha Study Group led by Rabbi Yosef Skafit at 9:00. Both of these classes are text based, with a large amount of discussion and analysis. In addition to these study groups there is a Chavrusa program which provides those who are interested with an individual study partner. You can arrange your own partner or JET will provide one for you. This program recreates the atmosphere of a real study hall in a Yeshiva. Pre-registration is required.

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ORGANIZATIONS AND PEOPLE

GROWING UP
IN SMALL
JEWISH
COMMUNITIESA farmboy
in Saskatchewan

By Reesa Aaron

Mottie Feldman was born in 1937 in southern Saskatchewan near a town called Estevan in one of the largest land farm areas in Canada. The area is known for its production of cereal crops like wheat, oats and barley.

In 1905, the year that Saskatchewan became a province in Canada, Mottie's father Major arrived from Austria and acquired a "homestead," the government term for settling sections of agricultural land. He lived in the Municipality of Souris Valley in the Jewish settlement called Sonnenfeld, 36 miles from the U.S. border. The pioneers were 50 miles from the nearest railway, living in the wide open spaces.

Major was born in Austria in 1885. In his day, all of the farm land was in the hands of rich landowners. There wasn't much of a chance for Jews to own land or practice agriculture in Europe. Since Major aspired to be a farmer in a land of freedom, he attended agricultural college and worked on the college farms. Phillip Berger, Mottie's uncle, attended the same college. They both graduated in 1905 and came to Canada together.

By 1906, Major and Phillip saved up the \$10 homestead filing fee working at odd jobs. Along with two or three others, they were the first Jewish farmers in the 648 square mile area which came to be known as the Souris Valley Municipality.

These early years were difficult for Major and the other bachelors starting their homesteads. They used oxen and a walking plow to break up a few more acres each year, picked stones by hand and did their own cooking and cleaning.

In 1914, Major married Bertha. By then he had built a house and converted his shack into a coal shed. "My mom said she'd only marry my dad if he built a house, so he did," says Mottie.

They raised seven children (Mottie was the sixth) "with no water supply and no electric power and saw us through the 'dirty thirties' of hail, drought, dust storms, grasshoppers, cutworms, army worms, sawflies and the receipt of less than \$1 for an eight gallon can of table cream."

In addition to doing farm work and raising a family, Major found time to participate in a wide variety of community affairs such as serving on committees for the United Farmers of Canada and the Saskatchewan Wheat Pool.

In 1964, just in time for Mottie's parents' 50th wedding anniversary, the Government named an island in the Lac La Ronge area "Feldman Island" in recognition of Major's contribution as a pioneer who served his community and his province.

"Very few Jews stayed with farming for two reasons: It's a tough life. It was also the natural progression of farming in general, whereby the number of all farmers has been vastly reduced."

—Mottie Feldman



A very young Mottie Feldman on the family farm, shown above

The Feldmans: Jeffrey, Mottie, Bonnie, Claire and Lisa

When Mottie was born in 1937, there was no longer much of a Jewish infrastructure in place in Souris Valley. While all of his older siblings received a Jewish education, by the time Mottie came of age, there was no rabbi. He regrets that he missed out on having a bar-mitzvah. "We just talked about what it means to be a man in Judaism," he said.

Yet the Feldmans still kept kosher. They had two sets of dishes. "Jews rarely raised pigs because you ate what you produced and Jews were kosher." His father learned how to ritually slaughter chicken, turkey and beef cattle himself with the proper halachic knives.

Circumcisions were performed by a local shochet and if he was unavailable, the ritual was performed in the bigger nearby towns of Estevan or Weyburn.

No one was able to observe the Sabbath in those isolated rural areas. But on the holidays the Jews went to the shul that they ran. The Sonnenfeld Synagogue was established in the 1920s with land set aside by the Jewish Colonization Association.

Anti-Semitism was rife in Sonnenfeld. "The kids at school reflected their parents' views," says Mottie.

Mottie still harbours memories of being picked on by his classmates, both physically and mentally. He attended a country school where grades 1-8 were all housed in one room. There were about 25 kids in all. When he entered grade one, he was the youngest student and the only Jew.

Mottie handled the cruel taunts by heeding his mother's advice to "turn the other cheek." Instead of fighting back, Mottie defensively resorted to hiding his Jewishness. In fact, Mottie's given name was Mordechai but he never dared use it.

Although the anti-Semitism was clearly palpable to his family members, it never stopped them from being on the school board and working shoulder to shoulder in the community. As Mottie puts it, "We knew who were less anti-Semitic than others."

When Mottie was growing up in the 1940s, there were about 10-15 Jewish families in the Sonnenfeld area, all spread out in the various small towns. But everyone knew everyone. Mottie reports that he was imbued with Jewish values. "What we lacked in religious training, we made up for by being culturally Jewish." He recalls there was always a Jewish newspaper in their home. His parents spoke Yiddish. And his mother lit the Shab-

bat candles. Despite the physical constraints to a formal religious practice, they had Passover dishes and seders. The synagogue was used as a focal point for social events like teas to raise funds for Israel and to play cards or whist. It is interesting to note that all seven of the Feldman children married Jews, says Mottie, and all have maintained a strong Jewish identity.

Mottie met his Winnipeg-born wife Claire Dresher at a family function in Winnipeg. Claire's grandparents, the Altmans, also pioneered in Sonnenfeld. The couple married in 1959. They now have three grown children.

Jewish farmers are indeed a dying breed, says Mottie, but they must be considered in the context of all farmers. "Very few Jews stayed with farming for two reasons: it's a tough life. It was also the natural progression of farming in general, whereby the number of all farmers has been vastly reduced." Most of the Prairie Jews moved off the farms to Winnipeg and from there, says Mottie, many went off to Toronto. "Any Jews left on farms today are remnants."

So what is Mottie doing in Ottawa?

He left his farm in 1955 to study agricultural engineering at the University of Saskatchewan. Mottie worked for the Saskatchewan Agricultural Machinery Administration in Regina and for Ford in Detroit. Since 1968, Mottie has been working for Agriculture Canada where he has transferred his sensitivity to the environment and his love of nature into the area of his research: he studies land and biological resources. Now he spends his time studying farming scientifically.

When he's not working, he spends at least some of his time around the city's ball diamonds. Mottie is a long-time pitcher in the Jewish Men's Softball League, and has led a number of teams to championships during his career.



Centrefold

The News from the Jewish Community Centre of Ottawa

Volume 4/No. 51 • November 1, 1993 • Cheshvan-Kislev

Delegates from across Canada attend

Ottawa hosts conference of JCCs

On October 14 - 17, the Ottawa JCC was host to the sixth annual conference of the Canadian Council of JCCs and YM-YWCAs. Lay and professional representatives from Jewish Community Centres all across Canada attended the three-day conference which, this year, "centred" around the theme of "The Changing Jewish Neighborhood."

The days of the concentrated "ghetto" communities such as St. Urbain Street in Montreal are gone. In the 90s our Jewish populations have spread far and wide; they have become diverse both geographically and philosophically.

The commitment of the Jewish Community Centre has also broadened. Our goal is to include all segments of the changing Jewish population in our constituency, and to serve all their needs.

The traditional Jewish family — two Jewish parents with children — is no longer in the majority. The new reality includes single parent families, families with parents from different backgrounds, singles, seniors, and the unaffiliated.

The role that the Jewish Community Centre should play in serving this broadened constituency was addressed in workshops, group discussions and lectures during the busy conference. Topics included: outreach programming; single parent families; special needs; mixed marriage outreach; programming for the seniors of the 90s; discrimination; desecrations and security in our neighbourhoods; and, finally — the underly-

ing theme of all the discussions — Jewish continuity.

Delegates were treated to cocktails and a Mideast update by His Excellency Itzhak Shelef, Ambassador of Israel to Canada, at his residence in Rockcliffe. They then had a traditional Shabbat dinner at the home of Conference Chairman Ralph Kassie and Ottawa JCC President Carol Kassie.

One of the most significant developments of this conference was the concurrent series of sessions run for youth delegates from across Canada, co-sponsored by the JCCs and BBY.

At a joint session with the adults, these teens showed themselves to be passionately involved, intelligent young leaders of the future. This gathering, the first ever cross-Canada conference for Jewish youth, was so successful it was decided to make it an annual event.

The goal of this annual conference is to bring together representatives from JCCs all across Canada to discuss common concerns, exchange ideas, and formulate new approaches to meet the challenges of the future.

Delegates agreed that this year's conference, organized and hosted by the Jewish Community Centre of Ottawa, fulfilled that mandate admirably. Conference planners Ralph Kassie, Lawrence Greenberg, and JCC Executive Director Ron Boros presented a program that was topical and stimulating, and as well, demonstrated the warmth and hospitality of the Ottawa JCC.



Delegates to conference of Canadian Council of JCCs and YM-YWHAs

A Gala Musical Experience showcases a variety of exciting performers

By Estelle Melzer

Ottawans who love music should mark this event on their calendars. On Sunday, November 21, some of the diverse talents on the Ottawa music scene will be brought together and showcased at an exciting evening simply called "A Gala Musical Experience."

Ottawa musician Ben Greenberg, who conceived and organized the evening, gave it this title because he wanted to emphasize that it will be more than a concert; it will also be an active and very entertaining experience — for musicians, singers and audience.

The evening, which will begin at 7:30 p.m. at Agudath Israel Synagogue, will consist of three

performances, each interacting with and flowing into the next.

The Isabella Singers, under the direction of Shirley Steinberg, will present a medley of the best of current Israeli music. They will be accompanied by members of the JCC Concert Band, conducted by Stewart Smith.

Then the Band will take over the stage, showcasing some of its talented members in exciting new arrangements.

The evening will wind up with "the sounds of Benny G," a newly-formed 15 piece Big Band, which will play music from the swing era — the music of Benny Goodman, Tommy Dorsey and Glenn Miller.

This, of course, is dance music, and the audience will be encouraged to join into the spirit of

the evening, and take over the dance floor.

Singing with the band and making this music even more irresistible will be 1993 JUNO-nominated recording artist Priscilla Wright. (See related story on these pages.)

Priscilla's smooth and swinging renditions of the classic songs of this era will set the mood and get everyone up and moving.

Proceeds from the Gala will be in aid of the JCC Concert Band.

Tickets are \$18.00, and a charitable receipt will be issued on request.

Tickets are on sale now at the JCC, 151 Chapel Street; 881 Broadview; Agudath Israel Synagogue; or from Ethel Malek, 733-9591 and Edie Landau 733-5275.



The Isabella Singers in concert

Program on aging touched emotions

The Jewish Association for Family and Friends of the Aged (J.A.F.F.A.) held its first workshop, entitled "The Challenges of Aging," on Sunday, October 17 at the Jewish Community Centre.

Barbara Solomon Brown, a social worker from the psycho-geriatric clinic of the Ottawa General Hospital ran the morning session.

She began by outlining the basic mental and physical issues associated with the aging process. Then she helped participants explore their relationships with aging family and friends and provided some concrete suggestions for supporting them.

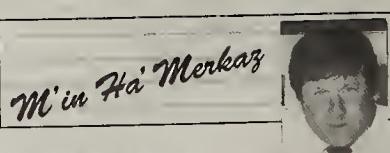
"I learned that what I think is helping my mother may not be what she needs at all," concluded one participant.

Another person described how she had to learn to respect her father's choices. Open communication between the elderly and their family is not always easy, participants conceded, but it is essential when figuring out what to do to make that person's life easier.

The afternoon session consisted of a theatrical presentation, entitled "Dance Like a Butterfly," by Montreal playwright, Aviva Ravel.

The protagonist "Tillie," played by Miriam Samuels, is in a hospital, recovering from surgery, and under pressure to give up her apartment and consider placement, where she can "get the care she needs."

Continued on page C2



From the Centre

By Ron Boro
Executive Director, Jewish Community Centre

Why Join the Centre? There is something in it for you!

As this issue of *Centrefold* goes to press, the Jewish Community Centre is making final preparations for Arts Alive '93. By the time you receive this paper, most of you will have attended some event during the four days of the JCC's annual Jewish Book Fair and Cultural Festival.

This year's Arts Alive was a truly quality event which brought to Ottawa some of the very best of today's Jewish writers, artists and performers. It gathered all the community's disparate organizations and groups together in a common purpose and provided them with a community-wide forum in which to conduct outreach. It offered a huge and comprehensive sale of Judaica, Jewish books and gifts. Most importantly, it brought us all together to connect, schmooze, celebrate being Jewish, and to feel a sense of belonging.

Arts Alive makes us a stronger, more vibrant, community — and that, finally, is the JCC's "bottom line."

The Centre's new program year is now in full swing, with programs for everyone in the community — tots to teens, young adults, seniors, singles, the religious, secular, affiliated, hard to reach, those with special needs, those with special interests. Everyone can feel at home at the Centre and everyone is important to our goal of building community and continuity.

Our membership drive is now also in full swing. To date we have over 550 memberships, a record for this point in our campaign. Our goal, of course, is to make everyone a member of the Jewish Community Centre.

People not immediately planning to register for a JCC activity often pose the question: "Why should I join the Centre? What's in it for me?" Our response is simple: The JCC makes this a better Jewish community for you to live in, and helps ensure that there will be a Jewish community for your children to live in. Seniors programming, teen activities, community-wide events such as Arts Alive and Yom Ha'Atzmaut, singles activities, outreach to the unaffiliated, Jewish day camp, scouting and daycare, Israel-oriented programs, Jewish cultural events — would you really want to live in a community that didn't have these activities? Do you really think that you, or some member of your family, will not someday need these programs?

Your membership — \$25.00 for an individual, \$50.00 for a family — helps support these programs and make them possible.

This year, consider becoming a JCC member. There is something in it for you.

Centrefold is a monthly publication of the Ottawa Jewish Community Centre, 151 Chapel Street, Ottawa, K1N 7Y2 Tel. 613-789-1818

President • Carol Kassie Executive Director • Ron Boro
Editor • Estelle Melzer

Program on aging touched emotions

Continued from page C1

As Tillie reviewed her life and pondered on her failing body, the audience shared in her pain and through her interactions with other patients, family, nurses and social workers, gained insight into the challenges of aging.

Audience members were so emotionally overwhelmed by this remarkable performance that they found discussion difficult. However, they left the workshop deeply touched and more aware of the

questions which should be asked in caring for the elderly.

How do we treat the elderly compared to the generations before us? Who should make the decision about an aging person's care as he or she becomes less capable, mentally and physically? J.A.F.F.A. will be planning more programs to expand on some of the issues raised in this workshop. If you have any ideas or questions, or would like to participate in future workshops please call Paula at 789-1818.

JUNO - nominated vocalist performs at JCC's Gala Musical experience

Priscilla Wright will sing Big Band music

By Estelle Melzer

JUNO-nominated recording artist Priscilla Wright, who will be performing at the Jewish Community Centre's musical variety evening, "A Gala Musical Experience," has taken an unusual route to show business success.

She was nominated for the JUNO's Most Promising Female Vocalist of 1993 on the strength of her first album release, *When You Love Somebody*.

However, Priscilla is hardly a newcomer to show business. She was a childhood star who had a highly successful career and was in demand by top Canadian and U.S. television programs, including the *Ed Sullivan Show*. Her single, *The Man in a Raincoat*, topped the Billboard charts and she was named *Cashbox's* Most Promising Vocalist.

Her achievements even landed her a movie and a series of concerts with Elvis Presley, and 20th Century Fox offered her a multi-



Priscilla Wright

year movie and record contract.

A major career was hers for the taking but, she recalls "I was still a little kid, and my parents thought I was too young to cope with it all and pulled me out of the business."

In the middle 1980s Priscilla re-entered show business. She has

been the only female singer repeatedly invited to appear on the International Children's Miracle Telethon. She was the featured vocalist for the National Press and Allied Workers Jazz Band, and has appeared in concert with many symphony orchestras across Canada, including the Toronto Pops Orchestra.

Priscilla will be singing and swinging to the Big Band "sounds of benny g" at the JCC's musical Gala on Sunday, November 21. The program, which includes performances by the Israella Singers and the JCC Concert Band, starts at 7:30 p.m. at Agudath Israel Synagogue.

Don't miss the chance to hear this skilled vocalist and dance to the swinging sounds of Big Band music. "A Gala Musical Experience" will be an experience to remember.

For more information about this event please see the ad on this page of *Centrefold* or call the JCC at 789-1818.

Ben Greenberg presents...

A Gala Musical experience

featuring:

- **J.C.C. CONCERT BAND**
J. Stewart Smith, Conductor
- **ISRAELLA SINGERS**
Shirley R. Steinberg, Director

plus:

dance to the BIG BAND of...
'the sounds of... benny g'
with special guest
recording artist
PRISCILLA WRIGHT

Admission: \$18.00

Proceeds in aid of the J.C.C. Concert Band
(Charitable receipts available upon request)

Tickets available at the J.C.C., 151 Chapel St.;
B81 Broadview Ave.; Agudath Israel Synagogue
Edie Landau 733-5275; Ethel Matek 733-9591

a program of the Jewish Community Centre

SUNDAY NOVEMBER 21, 1993 7:30 P.M.

AGUDATH ISRAEL SYNAGOGUE 1400 COLDREY AVENUE, OTTAWA

Round the Centre

Popular national young adult group is Ottawa bound

By Mike Cohen

The Association of Young Jewish Adults (AYJA), a thriving seven year old organization with chapters in Montreal and Toronto, is coming to Ottawa.

AYJA, originally known as the Jewish Adult Programming Society, is a non-profit volunteer organization for singles and couples aged 20 to 35. It has a mailing list of 1,500 young adults in Montreal and 1,400 in Toronto. Activities have included regular dance parties, lectures, leadership development programs, annual fashion shows, fundraising for Jewish charities, co-sponsoring missions to Israel and participation in community events.

AYJA is a huge success mainly because it isn't regarded as a "singles" group per se. That has contributed greatly to the group's popularity. There has always been a negative stigma towards "singles" parties. AYJA has never used that term. It attracts a large proportion of couples to events - those who are married, engaged and seriously involved. They usually come along with a number of their single friends.

"The good thing about all of our activities," says Montreal AYJA Chairman, Jeffrey Singer, "is that whether you are single or a couple, there's always a reason to come out. We offer a perfect atmosphere for people to meet. In Montreal alone, we've accounted for about

The group's only motive is to create the first cross-Canada young adult Jewish network ever.



Mike Cohen

70 marriages."

AYJA's aim in Ottawa will be to take young adult programming in an exciting new direction. Under the auspices of Diane Porath and the Ottawa Jewish Community Centre, this new chapter will work towards bringing to the nation's capital the basic concepts which have worked in Montreal and Toronto.

THE JEWISH OMNIBUS SERIES:

A MONTHLY ENCOUNTER OF JUDAISM AND CONTEMPORARY ISSUES

Presented by Rabbi Ely Braun of Congregation Beth Shalom in cooperation with The Jewish Community Centre and Jewish Family Services

Date: November 11, 1993
Time: 7:30 p.m.
Place: 151 Chapel Street
Topic: Transplant Surgery

Future Lectures:

December 9:	Domestic Violence
January 13:	Suicide
February 10:	Adoption
March 10:	Rituals
April 14:	Death and Mourning
May 12:	Chemical Dependency

For all lectures, admission is free and all are welcome.

Besides staging parties and other events, AYJA organizers will make every effort to link up the Montreal and Ottawa groups in joint activities. Those who place their names on the Ottawa AYJA list will receive the Montreal newsletter which is full of activities less than two hours away. A steering committee is now being formed to assemble an executive.

Volunteers are needed to make AYJA work in Ottawa. Already, a number of Montrealers who have relocated to Ottawa over the last few years have indicated a desire to get involved. These people travel back regularly to Montreal to attend AYJA events.

At the upcoming General Assembly of Jewish Federations in Montreal more than 5,000 dele-

ATTENTION YOUNG JEWISH ADULTS!

Representatives of the Association of Young Jewish Adults (Montreal) will be in Ottawa for an information evening on Thursday, November 11 at 7:30 p.m. at 881 Broadview.

If you are between the ages of 20-35, single or married, and would like to get in on the ground floor of an exciting, new social group here in Ottawa, please attend.

Please call Diane at the Jewish Community Centre, 789-1818, for details and to register your interest.



Jewish Omnibus series discusses abortion

By Estelle Melzer

Rabbi Ely Braun of Congregation Beth Shalom opened his series of lectures on Judaism and contemporary issues on Wednesday, October 13, with a thought-provoking talk on the subject of abortion.

The title of his talk was "Abortion: Right to Life? A Woman's Choice? Does Judaism Have a Response to Today's Dilemmas Regarding Abortion?" All of these aspects of the topic were explored in his lecture and in his exchanges with the audience amongst which were a number of doctors.

Rabbi Braun challenged both the Right to Life and the Pro Choice positions on abortion. His view was that Judaism accepts neither position. Abortion, according to Jewish Law, is not murder; however, it can only be justified when the life or health of the mother are at risk. A person contemplating an

abortion should first seek an ethical guide, he concluded. Abortion should never be taken lightly, without consideration for its moral implications.

Rabbi Braun's Jewish Omnibus Series, cosponsored with the Jewish Community Centre and Jewish Family Services, will be presented monthly and will cover a wide variety of contemporary issues. The abortion topic will be repeated in June, as many people who wanted to attend had a scheduling conflict.

On November 11 Rabbi Braun will discuss the Jewish views on transplants surgery, an area in which rapid advances are being made. All lectures take place on the second Thursday of the month, at 7:30 p.m. at the Jewish Community Centre, 151 Chapel Street. Admission is free and everyone is welcome.

Come out to The Golden Age Club

Every Monday, the Golden Age Club meets at the Jewish Community Centre, 151 Chapel Street. We have hot luncheons, interesting programs and friendly members.

UPCOMING EVENTS:

November 8

1:00 p.m.

"President's" Choice

•

November 15

12:30 p.m.

Bingo Birthday Luncheon

•

November 22

1:00 p.m.

Fashion for Seniors

•

November 29

1:00 p.m.

Meeting - Israel Update

ADULTS FOR LIVELY LEISURE

A luncheon Lecture Program at Adudgath Israel Synagogue

1400 Coldney Avenue

This exciting west-end program caters to those with a taste for kugel and controversy. You can enjoy a kosher hot lunch and stimulating discussion with experts in politics, cultural arts, human rights, science and more.

Thursday, November 18

Speaker: Helen O'Keefe, Investors' Group

Topic: Reducing Income Tax

ALL is jointly sponsored by the Jewish Community Centre and Jewish Family Services. The program is coordinated by volunteers Minnie Milson and Bess Rosenberg. For more information, please call Diane Porath at 789-1818.

Come on down for The Drop-In Diner every Tuesday from 12:00 - 1:30 p.m. at the JCC, 151 Chapel St.

For a hearty kosher meal including soup, salad, entree, dessert and drink -- and a very friendly atmosphere

Still only \$5.00 for a complete meal

Everyone's welcome!

New shlichim eager to contribute their skills to community

By Estelle Melzer

The Jewish Community Centre is very pleased to welcome Ottawa's new shlichim, Rachel and Meir Moran, to the community. Any introduction of this accomplished couple would have to begin with the word, "experienced."

Although this is their first shlichut, Rachel and Meir have been involved in leadership training, group work, volunteer recruitment and informal education throughout their very impressive careers.

They bring a wealth of experience and valuable skills to our community and are eager to make a positive impact.

Rachel and Meir were both "born kibbutzniks" and with their children, Chen, 16, Anat, 10, and Shir, 15 months, are members of Kibbutz Alef in the western Galilee.

Rachel is a social worker who after 11 years of clinical work moved into the innovative area of group work training.

She has lead group programs, trained others in group counselling and designed group programs to meet a wide diversity of needs.

She developed a program for the Israeli Defence Forces which trained officers to work with recruits from troubled or deprived backgrounds. Many of these youth had their lives straightened out through this program. She also helped design a program for girls whom the army felt needed help making the transition to civilian life and planning their careers.

She was involved both hands on and as a trainer of staff in a Na'Amat project to give women, particularly immigrant women,



The Moran family: (right to left) Chen, Anat, Rachel, Shir, and Meir

job search and life skills.

She also worked on a number of Histadrut projects. She designed workshops and programs for the absorption of new immigrants as well as for Israelis responsible for facilitating this absorption.

Strengthen volunteerism

She was also involved in a large Histadrut project to strengthen volunteerism. She created the program and trained staff to improve the skills of volunteers and to teach community leaders how to recruit more volunteers.

Meir has an equally diverse background in community work.

For the last two years he has been Director of Education and Programming for the Israeli Scouts movement, a program which involves over 50,000 youngsters and is run by leaders aged 16 and older. Meir designed the training and education programs for the various levels of leaders and created training programs on specific topics.

He also worked in the United Kibbutz Movement's Seminar Centre as head of education. He was responsible for developing leadership training programs for kibbutz counsellors and for shlichim in youth movements such as Habonim-Dror.

Meir also created a unique tourist program for his kibbutz. He developed Fisherman's Park, utilizing the Kibbutz fishponds to create a family recreation attraction—a vacation package which included fishing and water sports.

Meir's skills in youth education, leadership training and probably even fishing will be put to good use during the summer when he is director of Camp Gesher and throughout the year at Habonim-Dror, which holds programs every second week for youngsters in grades 4 to 13.

Meir also hopes to become involved in JSU-Hillel programming, helping to make university students more aware of and involved in Israeli issues.

Promote programs in Israel

Rachel will be involved mainly with the Israel Program Centre where she will try to promote programs in Israel for all ages, and foster understanding within the community on Israeli issues and culture. She also hopes to reach out to Israelis living in Ottawa, to make them feel part of the community here as well as making them feel closer to Israel.

Upcoming programs will include Israel updates, Israeli singing evenings and lectures on current Israeli issues. (See Rosh Chodesh Lecture ad on these pages.)

For more information on the Israel Program Centre call Rachel at 789-5010. To get involved in Habonim-Dror or Camp Gesher call 224-2198 or 224-4589.

Israeli expert to discuss Israel-PLO negotiations

Professor Abraham Diskin will be the speaker at the first Rosh Chodesh Lecture of the new year, which will take place on Sunday, November 14 at 8 p.m., at Agudath Israel Synagogue, 1400 Coldrey.

Professor Diskin's topic will be "Israeli-Palestinian Negotiations: An Update." His talk will focus on four different aspects of this delicate and constantly changing process upon which so many hopes are pinned: the "Ottawa connection"; the basic positions and new approaches of Israel and the PLO; recent developments; and the risks and opportunities for the future.

Professor Diskin is a visiting professor at Carleton University. He is on sabbatical from the Hebrew University of Jerusalem, where he was chairman of the department of political science.

Diskin specializes in Israeli politics and comparative politics. He also counsels various political and governmental organizations in Israel. He has served as advisor to the Knesset, the Ministry of Foreign Affairs, the Labour Party and the



Prof. Abraham Diskin

Likud. His talk will give Ottawans an opportunity to hear a very knowledgeable insider's analysis of the peace negotiations.

Admission to Professor Diskin's talk is free and refreshments will be served. Everyone is invited to attend. This talk is sponsored by the Israel Program Centre, the Jewish Community Centre and the host synagogue, Agudath Israel.

Israel Program Centre

The Jewish Community Centre

and Agudath Israel Congregation present:

Rosh Chodesh Kislev

featuring

Professor Abraham Diskin

of

Hebrew University of Jerusalem,
Department of Political Science

**Visiting Professor at
Carleton University**

speaking on

THE ISRAELI-PALESTINIAN NEGOTIATIONS: AN UPDATE

Sunday, November 14
8:00 p.m.

**Agudath Israel Synagogue
1400 Coldrey**

Host: Rabbi Arnold Fine

Free Admission

Refreshments

Do you love to read?

Get involved in the JCC Library's new book discussion group

This month's book is:

THE ENGLISH PATIENT
by Michael Ondaatje

Winner of the Governor General's Award
and the Booker Prize

An unforgettable story of love and war, and three men and a woman — a young Canadian nurse, a Sikh bomb disposal expert and a man burnt beyond recognition — who come together in the final moments of the Second World War. At the heart of this spectacular novel is a spellbinding mystery: the identity of the unknown patient haunted by memories of a turbulent love affair in the North African desert.

The English Patient sets love and passion against the devastation of war and the politics of nations.

If you would like to get together to discuss this book, please join us

**Thursday, November 11 at 7:15 p.m.
in the JCC Library, 151 Chapel Street**

*Available at Empire Books - Rideau Centre
or the JCC Library

For more information, please call Estelle Backman
at the JCC Library - 789-1818.

Group will meet again on:

Thursday, December 9 - The Beauty Myth by Naomi Wolf

PORTRAIT OF AN ARTIST

Featuring members of the Jewish Artists' Guild

By Estelle Meizer



NANCY MYRON

Nancy Myron, a charter member of the Jewish Artists' Guild, is a watercolorist whose work concentrates on portraying local vistas and public and private gardens. Her work celebrates "the changing light and seasons in our varied northern climate."

Nancy was always interested in art and had some training as a child, as well as studying printmaking, ceramics and batik at university.

Her main areas of studies, however, were in very different fields. She earned a B.A. in Romance Languages from Tulane University and an M.A. in Economics from the American University in Washington, D.C. For 12 years she worked as an economist in municipal policy and banking, while raising her family.

In 1982, Nancy returned to her first love, art. She studied in Toronto and Ottawa at various art institutes, concentrating on watercolour, and began to display her work.

Nancy has had five solo shows in Ottawa, including the Atrium Gallery in the Nepean Civic Square, the Alliance française Gallery, and most recently, the University of Ottawa Faculty Club.

She has also exhibited in many galleries around town as well as in special exhibits at the National Arts Centre and the Offices of the Parliament of Canada.

She is a Fellow of the Ottawa Watercolour Society and often serves as a jury member and exhibits with the Society.

Nancy has also been involved in the Jewish Artists' Guild since its inception and has participated in the JAG's first two exhibits, Genesis (1992) and Aviv (1993).

In describing the motivation for her art Nancy explains, "I like to capture for the viewer's leisure a special place, moment or feeling that otherwise would be lost or overlooked."

Her evocative watercolours will appear at the upcoming JAG exhibit, Genesis II, which is part of Arts Alive.

For more information about the Jewish Artists' Guild or any of the artists profiled in this column please call Diane Porath at the JCC, 789-1818.

JCC TheatreWorks presents its 1994 production

The Wizard Of OZ

May 11-15, 1994

Centrepoinete Theatre, Nepean

Information Meeting

November 14, 1993, 7:00 p.m. at Centrepoinete Theatre
101 Centrepoinete Drive, Nepean

AUDITIONS

Sunday, January 16 & Monday January 17, 1994

Rehearsals begin January 31

We need:

- teens who act, sing or dance.
- Munchkins (age 10-12) who can act, sing & dance
- anyone who wants to learn the technical side of theatre and wants to help

For information call Pat or Morris Neuman at 727-1709

Watch for news about *The Wizard Of Oz* in the Ottawa Jewish Bulletin

SHIRAM: SONGS OF OUR PEOPLE

Anyone with an interest in Jewish songs is invited to join in these weekly sessions.

Tuesdays, 11 a.m.-noon at 151 Chapel

Led by Shirley Steinberg, these sessions are infused with the joy of singing and learning.

JCC Theatreworks will put on Wizard Of Oz at Centrepoinete

Major production planned for classic musical

Pat and Morris Neuman, co-producers of JCC Theatreworks since 1991, have announced the selection of the beloved L. Frank Baum classic, *The Wizard of Oz*, as their next production, to take place on May 11, 12, 13 and 15, 1994 at Centrepoinete Theatre.

The story, which was first written in 1900, launched a series of books about the Land of Oz, several silent films, and of course, the classic 1939 MGM musical, upon which this play is based.

The music and lyrics, originally written for the screen version by Harold Arlen and A. Y. Harnag, are as popular today as they ever were. Some of the classic tunes include *Over The Rainbow*, *Ding Dong The Witch Is Dead* and *Follow The Yellow Brick Road*. The play will also feature a spectacular new set, numerous special effects and some of the most colourful and elaborate costumes to grace the Centrepoinete stage.

Many of the regular production team are returning for this, the seventh annual presentation of JCC Theatreworks. These include Robert Gould as executive producer, Jeff Kanter as director, Drummond and Marlene Hudson as the musical directors, and Scotty Mitchell as set designer. Tammy Lynn Favilla will join the group as choreographer.

JCC Theatreworks is one of the most popular youth programs of the Jewish Community Centre, and serves both as a way of bringing teens together, and of harnessing the talent of many of the younger members of the community. Recent shows such as *Chicago* and *Sweet Charity* were major critical successes and demonstrated the depth of young talent in the community.

Many JCC Theatreworks alumni go on to other success. The upcoming Company of Musical Theatre production of *Annie* will feature a number of our members, who were selected from over 450 who auditioned. Robin Senzile, in the title role, was one of the lead players in the June JCC Theatreworks workshop production of *And The Winner Is . . .* The cast also includes JCC alumnus Jen Waisser (another lead player from *Winner* and a JCC Theatreworks veteran) as one of the orphans and



Jewish actors appearing in *Annie*: Back row (left to right) Morris Neuman, Johanna Neuman, Jen Waisser. Front row (left to right) Robin Senzile, Samantha Wolinsky, Gabriel Wolinsky

Johanna Neuman (also from *Winner*) Our very own co-producer, Morris Neuman will be taking the stage and playing Daddy Warbucks. This show can be seen November 24-28 at Centrepoinete Theatre.

Much of the planning for *Oz* is already underway. An information meeting is scheduled on November 14, 1993 at 7:00 p.m. at Centrepoinete Theatre, 101 Centrepoinete Drive, Nepean; for those interested in joining the cast and crew of *The Wizard Of Oz*.

Auditions will be held on Sunday, January 16 and Monday, January 17, 1994 at the JCC. Rehearsals are scheduled to begin January 31.

"For this year's show," reports producer Pat Neuman, "we will need teens who act, sing and dance. In addition we are hoping to find Munchkins from among some of the younger talent in the community (age 10-12) who can

act, sing and dance. We have been approached by many younger people who would like the chance to show their stuff, and this play is an ideal vehicle. We'll be auditioning and rehearsing the younger children separately for their numbers and put it all together in the last few weeks before the show.

"We would also like to get more of our teens, parents and friends involved in the technical side of things. We have some excellent people working on the show, and Centrepoinete Theatre is one of the finest, most modern facilities in Canada."

Anyone interested in getting more information about JCC Theatreworks or this year's production can call Pat or Morris Neuman at 727-1709. Watch for news about *The Wizard Of Oz* in upcoming editions of *Centrefold* in the Ottawa Jewish Bulletin.



Cast of *Sweet Charity*, JCC Theatreworks' 1993 production



Gettin' Physical



World-class wheelchair athletes work out in JCC gym

By Jon Braun

If you're ever in the neighbourhood of 151 Chapel Tuesday or Thursday afternoons around 5:00 p.m. you should drop by the JCC gym and check out some amazing athletes.

Two elite wheelchair basketball teams have been training at the JCC for the last two years.

On Tuesdays, the Ottawa Royals take to the court. The Royals are ranked number one in Canada and number eight in North America!

They are members of the North American Wheelchair Basketball Association which is made up of 170 teams based in Canada and the United States. In 1992 the Royals reached the finals and finished second in North America.

The team consists of both men and women. Some outstanding performers for the Royals are Jim Enright, Denis Lapalme, Linda Kurovski and Chantel Benoit. Chantel is considered by many to be the finest female wheelchair athlete in the world today.

Both Chantel and Linda were members of Canada's 1992 Paralympics team which won a gold medal in Barcelona.

Thursday afternoons, the Ottawa Jazz wheel around the JCC



Ottawa Royals practise in JCC gym

courts. The Jazz, a woman's wheelchair basketball team, are also an elite group of athletes who were National Champions in 1992 and runnerup in 1993.

The Jewish Community Centre is very proud to be associated with these high-calibre world class athletes.

Members of the Jazz and the Royals have put on numerous clinics for different JCC youth pro-

grams, including BBYO, the Maccabi Club, Sports Camp and Basketball Camp.

The skill and dedication of these athletes were evident to all the youngsters and made them realize that the term "disabled" is certainly not applicable. The kids also enjoyed trying out a new and challenging sport.

Good luck to the Royals and the Jazz from their fans at the JCC.

Get fit this winter! It's not too late to join the JCC's Fitness Classes

NOON LOW-IMPACT FITNESS

Meet new instructor Gail Papowicz. She gives a great workout.
Duration: Session 1 - September 7 to December 10, 1993
Time: Mondays to Fridays, 12:15 to 12:45 p.m.
Place: JCC Gym, 151 Chapel Street
Cost: \$60.00 per session
\$100.00 per couple per session
Health Club, General Fitness, and Rhythmic Fitness
Members: FREE

WEST END RHYTHMIC FITNESS . . . For Women Only

A fun, safe and effective program with great music. Now in its 22nd year with Instructor Doreen Keir.
Duration: Session 2 - October 18 - December 2
Time: Mondays to Thursdays, 9:30 - 10:15 a.m.
Place: Agudath Israel Synagogue, 1400 Coldrey
Yearly Cost: \$334; Seniors, \$173; \$65.00/session

GREENBANK FITNESS

An exercise program for the growing Jewish communities of Nepean and Barrhaven. Get together with your friends for an energizing workout!
Duration: Session 1 - October 4 to December 9, 1993
Time/Place: Mondays, 8:00 - 8:45
Knoxdale Public School, 170 Greenbank
Thursdays, 7:45 - 8:30
Pope John XXIII School, 165 Knoxdale

Cost: \$60.00/person
\$110/couple



JOIN the JCC — for fitness, friends and fun!

FREE One Week of Classes WEST END LADIES FITNESS

with Doreen Keir
Monday-Thursday,
9:30 - 10:15 a.m.

- Agudath Israel
Synagogue
1400 Coldrey
- An all-round
aerobic workout
- Nutrition Advice
- Supportive
Atmosphere

Drop by with
this coupon

and give it a try!

Phys. Ed programs offer fitness and fun

The JCC's Physical Education Department has had a great start to its program year. Community response has been strong and many people had signed up and are taking advantage of our friendly health and recreation programs.

West End Rhythmic Fitness, taught by the legendary Doreen Keir (who seems to know the secret of eternal youth) is now in its 22nd year. It's a friendly, supportive exercise and nutrition program for women which meets Monday to Thursday mornings at Agudath Israel Synagogue. It's not too late to join or to try out this program. This issue of *Centrefold* has a coupon for one free week.

Noon Fitness at 151 Chapel Street is a low impact fitness workout — great for tension relief in the middle of the day — taught by Gail Papowicz, the newest member of our staff.

On Monday and Thursday evenings, Margorie Waterman gives a fitness class in Nepean for the West End crowd. Give it a try. You're

JCC Youth Athletics a hit with kids

Youth Athletics at the JCC this fall is *really* where it's at.

Kids are coming from all over the city to line up for our recreational programs. This has been one of the most popular seasons ever for JCC Youth Athletics.

Junior Floor Hockey has over 70 kids involved in its Sunday morning program at 881 Broadview.

Teen Basketball on Monday evenings at 151 Chapel is also running at — and over — capacity. The guys and girls in this program get a great workout, hone their skills, and have a great time together.

Girls Volleyball takes place after school at 881 Broadview on Tuesday.

Tuesday nights the Maccabi Club meets at 151 Chapel. Every week this group of sports-minded boys and girls sharpen their skills in another sport. This very popular program aims to foster skills in kids who want to go to the Maccabi Youth Games, but it's also great fun for kids who just like to get in there and play the game.

On Wednesdays, afterschool sports take place at 881 Broadview for kids in grades 4 - 6. Basketball is the sport being worked on now.

On Thursday nights Preteen and Teen Floor Hockey take place in the Broadview gym.

With winter almost upon us, kids will soon be strapping on their ski boots and flying down the slopes as the JCC Ski School gets into motion.

For more information about JCC Youth Athletics call Jon Braun at 789-1818 and get into the action.

ADULT FLOOR HOCKEY



For non-contact recreational fun and a great workout, give floor hockey a try this fall.

Duration: October 1993 - May 1994
Time: Mondays, 8:45 - 10:15 p.m.
Place: 881 Broadview
Cost: \$50.00

To register call Jon at the JCC, 789-1818.



the teen scene



Canadian youth leaders at Ottawa conference

On the weekend of October 15-17, 43 Jewish teens from across Canada (Vancouver, Calgary, Edmonton, Saskatoon, Winnipeg, Windsor, Hamilton, Toronto, Kingston, Ottawa and Montreal) came together at a National Youth Leadership Conference in Ottawa to deal with real issues as future leaders of their communities.

The conference was co-sponsored by BBYO Canada and the Canadian Council of Jewish Community Centres, and was held concurrently with the Council conference. (See related story on page C1).

Highlights of the program included a unique program on Israel/Diaspora Relations facilitated by Zohar Raviv, BBYO's International Shaliach.

The teens were given the opportunity to address the issues and conflicts vis-a-vis their identity as Canadians and as Jews with a commitment to Israel.

"Decisions," a simulation program on the workings of the Federation and UJA in communities across the country, stimulated debates, discussions and priority setting by the youth on areas of concern to them in their communities.

A joint session on Anti-Semitism and Desecrations gave the adults new insight into the real feeling and emotions that our youth deal with when confronted with these situations.

CJCC Executive Director Paul



Participants at BBYO Canada/CC JCC National Youth Leadership Conference

Brownstein and Chairperson Anita Winestock expressed their enthusiasm for the level of leadership demonstrated by the youth. Conference Chairman Ralph Kassie, who originally approached BBYO Canada to undertake this joint effort, was thrilled to see "the leaders of today meeting the leaders of tomorrow."

Carol Kassie, president of the Ottawa Jewish Community Centre, expressed her hope that this would

become an annual event.

The excitement and enthusiasm of the youth were pervasive throughout the weekend. "The ties that we now have with other Canadian Jewish youth across the country have created for me a new mishpacha," said Joel Marans, 18, of Kingston. "I know I walked out of this conference with a better understanding of my abilities and of myself," commented Jeff Glaziel, 18, of Toronto.

BBYO is now affiliated with Jewish Community Centres and Federations across Canada.

Says Elizabeth Sokolsky, National Director of BBYO Canada: "Through this new and exciting partnership, they have recognized the value that the BBYO program has for their community."

Through their support, they have invested in their future leadership and in the vital need for ensuring Jewish continuity."

New AZA teen finds "incredible" sense of fraternity in group

By Mike Fish

I had decided to attend my first major B'nai Brith event, the Regional Leadership Training Conference (RLTC) just in time to mail in my application before the deadline. I sent in the application not knowing very much of what was to come from my recent membership in the B'nai Brith Youth Organization (BBYO). I was embarking on what was to become an entirely new and prominent aspect of my life almost completely blind and uninformed. Despite this grand lack of knowledge I persisted and went ahead to Gravenhurst, Ontario, for my first convention.

I spent three days in single-digit-degree weather learning about the organization I am now a proud member of — how it is run and what the purpose of it is. I learned many organizational, leadership and life skills, such as how to plan, organize and successfully run a program. I also learned that no matter what anybody does in life, the amount of work put into something is always equal to the amount of pleasure derived from it. Every member puts his entire heart and soul into making BBYO run smoothly and the result is an incredible sense of brotherhood and fraternity that cannot be adequately described with words.

I have since vowed to become an extremely active member of BBYO. I hope to create within our

Ottawa chapter, B'nai Amitai, the amazing sense of fraternity and brotherhood which I was fortunate enough to experience in Gravenhurst. I intend to make true the significance of *fraternity* that is found in AZA, within our Ottawa chapter. Our chapter also intends to change the lack of knowledge among Jewish teens and parents about BBYO. If a Jewish teen is at all interested in joining BBYO or attending a convention in the future, we will keep you and your parents fully informed of what to expect.

AZA/BBG (Aleph Tzadik Aleph/B'nai Brith Girls) is a part of the larger organization of B'nai Brith International which sponsors *moshavim* in Israel, improves the general quality of life in our homeland, and gives all Jewish youth a chance to attend summer camps and explore the AZA/BBG experience. Joining BBYO is a great

It's not too late to join BBYO!
For more information or to become a member call Joe Kassie (AZA), 749-7467 or Jen Neinstein (BBG), 596-0570.

Stop! Don't throw away your unwanted furniture — Your junk can have a brand new life at

The JCC Teen Lounge

We need: lamps, sofas, chairs, tables, rugs, a clock, a filing cabinet, TV and VCR, games, games tables, stereos, radios, decorative chachkhas.

If you have any items to donate, please call Lauren Hoffer or Paula S. Sladowski at the JCC, 789-1818.

TEEN CONNECTION

Opening Program

For all kids in grades 7 & 8

It's a Game Show Marathon!

Jeopardy
Wheel of Fortune
Dating Game

Saturday, Nov. 13

8:00 p.m.
881 Broadview
Program FREE
Bring a friend

Calling all Tweens!

Kids in
grades 5 & 6

Now there's a new group just for you!

Opening Event BOWLING PARTY

Sunday, Nov. 14

Pick-up at 881 Broadview,
2:00 p.m. and at 151
Chapel, 2:20 p.m.

For more information call
Stuart at 731-8505

NCSY IS WHERE THE ACTION IS

Come out and join the fun!
Be a part of this incredible experience!
Stay tuned for these and other awesome events.

SR NCSY (grades 9-13)

Saturday Night Nov. 6
Weekend of Nov. 19-21
Weekend of Dec. 10-12
Saturday night Dec. 18
Casino Night

JR NCSY (grades 6-8)

Sunday Nov. 2
Sunday Dec. 5
Ice Skating and Elections
Donut Bake and Magic Show

For more information call the NCSY office 521-4437.

NCSY (the National Conference of Synagogue Youth) is co-sponsored by Congregations Machzikei Hadash and Beth Shalom West. Programs are open to all Jewish Youth between grades 6 and 13.

NCSY Advisors Wanted!

University students or young adults
Paid and volunteer positions
Must be enthusiastic and have a commitment to traditional Jewish values.
For more information contact Lauren Shaps, 521-4437



Just Kiddin' Around



SUNDAYS ARE FUNDAYS

Fun-filled Sunday activities for kids aged 4 to 10 years

Jewelry Workshop with Avalee Prehogon

Sunday, November 21

1:30 - 3:30 p.m.

Machzikei Hadas Synagogue
2310 Virginia Drive

Make your own individualized jewelry
or special gift!

Cost: \$2.00

Pre-registration is a must.

To register call Gale at 722-9235.

Next program: December 5, 1993
Make Your Own Chanuka Gelt Workshop



BIRTHDAY PARTIES AT THE JCC

All it takes is a phone call!

You pick the theme (Batman, Dinosaurs, Sports—the possibilities are endless) and we'll do the rest...

Includes: • Room • Staff • Set-up • Clean-up • Decorations • Paper Goods • Birthday Cake • Juice • Loot Bag • Gym Games and • your choice of Crafts or Cooking • Personalized Birthday Banner to take home.

Times: Sundays (2 hours)

Place: 881 Broadview

Cost: \$190.00 (for 20 children)

\$3.00 each additional child

Call Gale at 722-9235 to plan your party. Book early to avoid disappointment!



It's not too late to involve your child in the JCC's great scouting program!

Some spaces still available for boys and girls in Beavers and Cubs - ages 6 to 10.

For more information call Gale at 722-9235.



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Join the JCC for fun, fitness and friends



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MEMBERSHIP REGISTRATION FORM**

(Please Print)

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Address _____ Postal Code _____ Home Phone _____

Children's Names and Birthdates (D/M/Y) _____

UNIVERSAL MEMBERSHIP: Single (\$25.00) _____ Family (\$50.00) _____

Cash _____ Cheque _____ VISA/Mastercard # _____ Exp. Date _____

Make cheque payable to the JCC

Please send or bring this form along with complete payment of fees to:

The Jewish Community Centre, 151 Chapel Street, Ottawa, ON, K1N 7Y2

FOOD

Hearty soups for autumn appetites

Soups, from a light consommé as a prelude to the main course, to a hearty stew-type gumbo, that can be a meal in itself, are wonderful for this time of year.

Every culture has its favourite, ours being chicken soup. Any recipe can be stretched to accommodate a large crowd.

A wonderful way to entertain informally is with a kitchen soup party. Have three favourite hearty soups simmering on the stove. Accompanied by a fresh crust bread and tossed salad, your guests can choose their favourite and serve themselves right from the pots.

This is especially fun after a planned outdoor activity in the fall or winter when everyone is hungry and wants to warm up at the same time!

Chinese Noodle Soup With Toasted Almonds and Deep Fried Ginger

2 lbs. fresh chicken breasts, skinned and deboned

1 scallion, chopped

1 quarter-sized slice of fresh ginger, pounded lightly

1/2 tsp. pepper/corns

1/2 lb. very thin egg noodles, cooked

1/4 lb. fresh spinach leaves or leafy Napa cabbage

6 cups simmering rich chicken stock

1/4 cup finely julienned (strings) fresh ginger deep fried in oil until crisp and well drained on paper towels

3/4 cup loosely packed fresh coriander

1/3 cup sliced almonds, toasted 8-10 minutes until golden

Combine ginger, scallions, peppercorns and enough water to cover chicken in a heavy bottomed saucepan. Bring to a boil. Add chicken, cover and simmer until chicken is completely cooked through. Drain and discard water. When cool enough to handle, slice chicken into 1/4" thick strips. Blanch greens in boiling salted water for about 5 seconds or until supple. Drain and run under cold water to stop the cooking process. Press gently to remove excess water. Just before serving, place noodles in simmering stock to heat up. Remove and distribute among the bowls. Evenly distribute the greens and sliced chicken. Pour stock over. Sprinkle fried ginger threads on top, coriander around the edge of the bowls and scatter the nuts on top. Serve immediately. Serves 4-6.



SOUP TO NUTS

DONNA KARLIN

Pumpkin Soup



1 1/2 - 2 lbs. fresh pumpkin

1/2 tsp. dried rosemary

1/2 tsp. dried oregano

4 cups parve chicken stock

1 Tbsp. flour

2 Tbsp. unsalted butter

1/2 cup milk

1 1/2 tsp. salt

Pinch cayenne pepper

White pepper to taste

1 cup half and half or whole milk

Peel pumpkin and cut into 2 cubes. Place in pan with 1/2 cup cold water. Cook, covered, for 25 minutes or until tender. During last 10 minutes of cooking, add herbs and parve stock. Puree with flour in blender or processor. Combine puree with butter, milk and seasonings. Simmer on low, uncovered, for 20 minutes. Stir in half and half. Bring to a simmer. Adjust seasonings and serve.

Note: A combination of canned pumpkin and fresh acorn squash works well too. Cook squash as above and add pumpkin with the stock. Don't cook pumpkin with the squash as it's already cooked. This can be made two days ahead and refrigerated. Reheat very slowly without bringing it back to a simmer.



Potato Chowder With Roasted Garlic and Pepper Purée

1 medium onion, coarsely chopped

2 Tbsp. olive oil

1 large red ripe tomato, coarsely chopped

2 medium potatoes, peeled and diced

4 cups parve chicken stock

Black pepper to taste

5-6 cloves roasted garlic

1 large roasted red pepper

1/2 cup half and half

Sauté onion in olive oil in medium saucepan over moderate heat until the onion starts to turn golden brown. Add chopped tomato and sauté 5 minutes or until soft. Add potato and mix well. Sauté a few more minutes. Stir in stock and pepper. Simmer uncovered over low heat for 30-40 minutes until potatoes are very soft. In a blender or processor, combine the roasted garlic, roasted pepper and half and half. Blend until smooth. Stir into hot soup. Mix well. Bring just to a simmer. Remove from heat. Serves 4-6.

To Roast Garlic: Choose a head of garlic with large cloves. Wrap loosely in foil and roast in 300-degree oven for 50-60 minutes until soft. Remove from oven. Cool completely and peel skin off each clove with your fingers. Inside will be brown and soft and no longer pungent. Reserve the rest, covered in the refrigerator. Use in other recipes.

To Roast Peppers: Place on foil lined cookie sheet and drizzle with olive oil. Roast in 400-degree oven until skin begins to blacken. Let cool and then peel skins off. Wonderful puréed in soups and sauces as well as sliced with chicken, in salads, etc.

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HEALTH FILE

25 years of advances in ophthalmology

By Dr. Seymour Brownstein

In 1967 I began my three years of residency training in ophthalmology at the New York Eye and Ear Infirmary in New York City. At that time my colleagues and I had the misconception that developments in our field were reaching a peak.

We observed a transition in the operating room from multiple simultaneous operations, frequently with the surgeons not wearing gloves, to sterile isolated operating rooms. After cataract surgery, the patients previously were bedridden and immobilized with sandbags on the sides of their head for several days.

Instead they were usually out of bed within 24 hours because of improved suture techniques, although they were still hospitalized for about one week.

The operating microscope was just becoming available in 1967 although most of our teachers still used jeweller-style loupes for magnification in the operating room. Newer diagnostic techniques were just coming into vogue.

These included indirect ophthalmoscopy which enabled doctors to examine an upside down image of virtually the entire retina; fluorescein angiography which showed the internal circulation of the eye; and ultrasonography which revealed all the structures of the eye even when there were abnormalities such as dense cataracts that prevented direct visualization of these tissues.

Laser technology also has made major advances including surgical management of glaucoma, the treatment of cataracts, the removal of both intraocular and extraocular tumours, and most recently in keratorefractive surgery.

Newer therapeutic devices were being manufactured, in particular a variety of lasers which enabled doctors to destroy various structures inside the eye including tumours, leaky blood vessels in disorders such as diabetes and other diseased tissues.

As I look back over the more than two decades since I have been practising ophthalmology in an academic centre, I am amazed by the escalating advances that have been occurring in every aspect of my field. Today cataract surgery is almost universally an outpatient procedure. The patient generally goes home the same day with an artificial (intraocular) lens that usually enables him to achieve reasonably, and at times exceptionally good vision, during the first week postoperatively.

Some of the reasons for this advance include further improved surgical techniques and the use of phacoemulsification to break up

and suck out the cataract material. This enables the surgeon to perform safer, smaller incisions into the eye.

Newer vision promoting procedures have been devised for the treatment of glaucoma, intraocular tumours and vitreoretinal disorders. Some of these involve state of the art surgical technology including operations with visualization through the dilated pupil and utilization of multiple instruments inside the relatively small eye.

Laser technology also has made major advances including surgical management of glaucoma, the treatment of cataracts, the removal of both intraocular and extraocular tumours, and most recently in keratorefractive surgery. The latter involves the somewhat controversial and costly procedure performed with the excimer laser. This reshapes the front of the eye with the aim of markedly diminishing the need for glasses by the patient. This recently developed laser costs about half a million dollars and each generation of equipment is anticipated to have a relatively short life before becoming obsolete. These are amongst the major reasons for the high expense for those who undergo this procedure.

Our continuing advances include computer technology for diagnostic and therapeutic purposes. This includes automated tonometry which enables doctors to map out the visual pathways from the eye to the back of the brain and assists in the diagnosis and management of

neurologic retinal and glaucomatous disorders.

Major achievements also are constantly occurring in the field of pharmacology resulting in more efficacious and safer medications for various infectious, inflammatory and glaucomatous conditions of the eye.

I would like to conclude by providing some guidelines to most of you who have no known ocular problems and frequently ask when your children and family should have their eyes checked.

The American Academy of Ophthalmology recommends all children have their eyes examined shortly after birth, generally by their pediatrician, and again at about three and five years of age by an eye care professional. Thereafter, examinations should be performed every two to five years until the age of 65 years and every one to two years after the age of 65. Should any abnormalities be detected or should new symptoms develop, this frequency of eye examinations naturally should increase.

The major aim of our advances in ophthalmology and our teaching and research endeavours is to provide the optimum of ophthalmic care to the entire community.

Dr. Seymour Brownstein is a Professor of Ophthalmology and Pathology at the Faculty of Medicine University of Ottawa Eye Institute.

How does one become a psychologist?

By Gerald D. Pulvermacher
Ph.D., C.Psych.

The question I've been asked most frequently during my 20 year career in psychology is "How does one become a psychologist?"

I thought my answer would be of interest to Bulletin readers, especially those with children or grandchildren contemplating future careers.

This may come as a surprise, but answering this question is actually more complex than one would think.

In the American Psychological Association, there are approximately 40 different divisions.

Many specialties

There are psychologists, for example, who specialize in defining brain-behaviour relationships (neuropsychologists); understanding the relationship between animal and human behaviour (comparative psychologists); describing the development of infants and children (developmental psychologists); enhancing human behaviour and performance in sports (sports psychologists); diagnosing and treating academic problems (school psychologists); treating psychological illness (clinical psychologists); counselling people in their career development (vocational psychologists), and the list goes on.

The training process for most psychologists in Ontario generally proceeds in the following manner. First, one must obtain either a B.A. or B.Sc. (often from an Honours program) from an accredited University.

Then one enters into one of three possible streams:

1) a Masters program in psychology which links directly into a Doctoral (Ph.D.) program;

2) a four year Doctoral program with no Masters degree; or

3) a four year applied Doctor of Psychology Program, referred to as "Psy.D." (usually in the U.S.).

Once the Ph.D. or Psy.D. program is completed, many psychologists will have completed both their academic studies, and also an original piece of research (called a dissertation).

If they have followed a clinical psychology stream, they will also have completed the equivalent of at least one year of supervised clinical practice in an approved teaching facility (hospital, school, clinic or a combination).

Some psychologists will also go on to do post-doctoral studies in a chosen area of specialization, e.g. psychoanalysis, family therapy or police psychology. Finally, if psychologists plan to work directly with the public in "private practice," they must become Registered.

To be registered in Ontario, a psychologist must complete a Doctoral level program (although there is currently under consideration legislation which might permit individuals with a Masters degree and five years of experience to qualify for registration).

Supervised one year

Then, that individual must be supervised by two psychologists for one year, pass a written knowledge-based examination and successfully pass an oral exam conducted by three Registered Psychologists in that person's area of specialty. Once completed, the person can now have the designation of "C.Psych."

Without this one cannot practice independently in the Province of Ontario.

Historically, psychology has been a profession where women and men have been equally successful in making their mark.

It can be rewarding for those who are "academically" inclined, and want to follow a career path focusing on teaching and research, as well as those who want to be "applied," that is, applying the knowledge and skill to actually focusing on changing behaviour.

For those who are interested in the profession, are currently in university and have taken at least three courses in psychology, the best way to decide if the dis-

cipline is for you, is to interview one or more psychologists. Do not be shy to ask specific questions, and if possible, spend some time actually observing what they do in their work.

It is a long haul, there is a lot of competition, but at the same time, job security is much better than average and the opportunity for stimulating and creative work is limitless.

Dr. Gerald D. Pulvermacher is Managing Partner of Pulvermacher, Stevens, Shack, Sherman, a Clinical and Corporate Consulting Psychology practice headquartered in Ottawa, and in the Organizational Training area (PSS Training), in alliance with Deloitte, Touche, Tohmatsu International, with offices throughout Canada.

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COLUMNS

Rhythms, rhymes and riddles

From a very young age, children love rhythms, rhymes and riddles. Songs and verses with strong repetitive beats and refrains are the most popular. They can be as meaningless as Dennis Lee's *Alligator Pie* or as meaningful as *The Itsy Bitsy Spider*. If hand and movement activities can be added, so much the better.

Riddles and other forms of word play may be clever, simple, serious or funny. As long as they are fair and age appropriate kids repeat them again and again.

And guess what? All that fun is a painless way to help little ones develop speaking and listening skills, two of our most important language arts. The following selections add Jewish content to rhythm, rhyme and riddle fun.

Fun with Jewish Holiday Rhymes

By Sylvia Rouss
Illustrated by Lisa Steinberg
UAHC Press 1993
25 pagesAges 2-4

Limericks For Jewish Children

By Malka Touger
Illustrated by B. Gelb
Mishor Publishing Co., Ltd 1990
48 pp.Ages 3-7

Teasers, Twisters, Stumpers a bookful of tricky Torah-riddles

By Yaffa Ganz
Illustrated by Harvey Klineman
Philipp Feldheim, Inc. 1989
UnpagedAges 8 and up

Fun With Jewish Holiday Rhymes is a delightful way to introduce toddlers to the symbols and concepts associated with 11 Jewish holidays. Many of its 52 rhymes incorporate hand and movement activities, in-



KID LIT

DEANNA SILVERMAN

cluding counting, adding and subtracting and opportunities for children to add words.

Although parents may find some of the presentations repetitive in style and concept, young kids delight in this repetition; it enables them to catch-on quickly and join the fun. Most of the rhymes can be scanned quickly. However there were a few stumblers I had to work at before the meter tripped lightly off my tongue.

I would have preferred a less cluttered, more colorful design and layout to give the book more eye appeal. Since that isn't the case, I advise adults to perform the verses, a few at a time, rather than expect to sit and read them to their toddler.

Limericks For Jewish Children is a collection of 20 limericks about every day and special day events written from an orthodox Jewish perspective.

The verses are intended to illustrate Jewish values and habits as well as to amuse. They cover such subjects as blessings, learning, sharing and five holidays.

For the most part, the limericks read well and are suitably light. I especially liked the Chanukah verse. Two, however, didn't work for me at all and a few were overly cutesy.

Still, I applaud the effort to use this kind of verse for Jewish Kid Lit and hope it will stimulate others to produce more of it. The full color illustrations are charming and bright.

Teasers, Twisters, Stumpers con-

tains 60 Torah-based riddles divided equally into three categories: easier teasers, tougher twisters and serious stumpers. The layout of the book is stylish and colorful, with a distinct emphasis on fun.

The riddles are written in easy-to-read verse. They roam throughout the Torah in no particular order.

Clues are presented fairly, skillfully and, in some cases, whimsically.

They presuppose a reasonably good detailed knowledge of Torah.

I found easy and hard riddles in each section, despite the section's name. That means the riddles can be read in any order. There is also the added bonus that the riddles and their answers can be used as a spring-board to further Torah learning and riddling.

What a great idea!



Illustration from Limericks for Jewish Children

The Columbia icefields



SIXTY
SOMETHING

RUTH WEITZ

Canadian Rocky Mountains was 7200 feet above sea level where I stood and 10,000 feet a short distance away. Reaching into the grey eluded sky were great domes, a vertical wall of ice and snow.

When we purchased tickets for the guided tour of the Glacier, we were warned of the extreme cold we would feel when we reached the icefield. We dashed back to the car, rummaged through our luggage and picked out whatever warmer clothing we had with us. My cotton skirt got pushed inside slacks and two sweaters topped my t-shirt. I added a jacket, wound a scarf around my head, put socks over my nylon hose and replaced sneakers with heavy-soled shoes. With gloves on my hands, I felt ready for the glacial frost.

With forty eight other tourists we boarded a shuttle bus that moved very slowly along a dirt road before it began to snake up a two hundred foot incline. After fifteen minutes on this perpendicular road the vehicle stopped on a flat surface of ice. We exited, walked a few feet and boarded a tank-like six-wheeled snowmobile, specially designed to navigate the treacherous icefield.

Nothing I read prepared me for the exciting vista confronting me when I stepped off the snowmobile. The Athabasca Glacier, the largest in the

help of my husband, got to my feet, grabbed his arm and held on more securely. Everyone was clinging to someone else, shoulders hunched upward in an attempt to cover their ears. Hands were held up to faces to ward off the fierce wind. I was certain I heard their collective teeth chattering or were they only mine, making such a loud noise. I looked at my calendar watch that read July, while my shivering body said January.

Following the sound of running water we reached a crystal clear stream flowing from the mountain. With paper cups we scooped our drinks. Never did water taste so good. For a few moments the sun shone through the snow and clouds to make the water appear sapphire blue. The ice walls reflected the sun and became a rainbow of cold colours.

As I walked away from the stream I felt spiritual. My creative mind drifted. What nomadic tribes drank from this stream? Were they also mesmerized by the elegant splendor?

When the sun hid itself again there were brown shadows on the soaring ice faces. Slabs of orange and red rocks, purple and green in the shadow, were tremendous contrasts to the mountain neighbours covered with snow.

It was time to return to reality. On the way back to the snowmobile, I stooped and picked up some pebbles to bring to my grandchildren. Will they be impressed when I tell them these pebbles may have fallen three million years ago? Was I? They looked just like the ones I picked in a park last week. For that matter so did the ones the astronauts brought back from the moon.

One last look

I took a last look at the majestic peaks and boarded the bus. Inside, the air was only slightly warmer but at least snow was no longer falling on me.

Going down is easier than going up, the driver told us. Not for me. The narrow road was just as winding and treacherous regardless of direction. The rocks alongside the glacier allowed little room for maneuvering and I breathed easier when I felt dirt under my feet on a more familiar terrain.

Four hours had passed. Circulation was returning. When I finished drinking two cups of hot chocolate I thawed sufficiently to reflect on an unforgettable experience. I don't know if I will ever be ready to walk on icefields again but I was happy. I came. I saw. I endured.

FOCUS ON FINANCE

Check the fine print before purchasing Out of Country Medical Insurance

By Irvin Hoffman

Recent rate increases in Out of Country Medical Insurance have sent many travellers out shopping for bargains.

While it is obviously important to obtain a competitive price, you don't want to end up saving a few premium dollars only to find out later that you don't have the medical coverage you thought you had.

Taking the extra time and effort to carefully check your coverage before leaving the country could save you from major problems if you need to make a claim.

As there are over 80 different insurers offering this type of coverage, and everyone seems to have different policy terms and conditions, it is impossible to provide any proper analysis which would determine which policy is best. It really depends on your personal circumstances such as age, health and the length of your trip.

However, I have listed some points to consider which you may find useful.

1) DO YOU REALLY NEED TO BUY ADDITIONAL COVERAGE?

Most group insurance policies provide out of country medical coverage. If you have group insurance check and see what coverage is provided by the plan. If you are unsure of the extent of your out of country benefits ask your agent, broker or representative for a detailed explanation.

Some major credit cards provide out of country coverage. If you are in good health and the length of your trip falls within the time frame allowed, this coverage may be all that is needed. But again, check the terms and conditions of coverage carefully to make sure you qualify for the benefits provided.

2) MAKE SURE THE INSURER YOU SELECT HAS A 24 HOUR TOLL FREE EMERGENCY NUMBER, AND CARRY THAT NUMBER WITH YOU AT ALL TIMES.

It is extremely important that you can reach your insurer easily and at any time. It is of no value having your coverage with a company that can't be reached when you need them.

Find out if your policy will pay medical expenses directly to the hospital, or will you be required to pay all bills first and then be reimbursed later.

3) IF YOU ARE TRAVELLING OUTSIDE OF NORTH AMERICA, MAKE SURE THAT YOUR COVERAGE WILL BE RECOGNIZED IN THE COUNTRY OR COUNTRIES YOU WILL BE TRAVELLING IN.

4) BE EXTREMELY CAREFUL WHEN RELYING ON YOUR CREDIT CARD COVERAGE FOR THE FIRST PORTION OF AN EXTENDED HOLIDAY.

Many Snowbirds going south for the winter purchase private medical coverage which kicks in only after the initial coverage period provided by their credit cards expires. While this practice can be an effective way to keep premiums down it is not without its potential pitfalls.

First you should make sure your private insurer allows you to slack your coverage without having any negative effects on your policy conditions or rates. Second, and most importantly, make certain that your credit card coverage is not invalidated because of the length of your total trip. At least one major credit card specifically states that if the duration of your trip is longer than 31 days no coverage is provided at all.

5) FIND OUT IF YOUR COVERAGE IS SUBJECT TO A DEDUCTIBLE.

While you shouldn't shy away from policies which have deductibles, it is important to know up front exactly what your deductible is. Some policies now contain deductibles of up to \$1,000.00 or more. Some companies have mandatory deductibles for older travellers, but allow other age groups to buy lower deductibles for an additional premium. Make sure you check out all your options before finalizing your coverage.

6) MAKE SURE YOU UNDERSTAND ALL POLICY EXCLUSIONS.

This is especially important when it applies to coverage (or lack of coverage) for pre-existing medical conditions. Some policies exclude coverage for pre-existing conditions unless the condition has been stable for a specified period of time.

Others only cover a percentage of the expenses if caused by a pre-existing condition. Some exclude any coverage for certain pre-existing conditions such as emphysema, angina, cancer and infarction.

If you have had any previous medical problems or are currently under treatment or medication it would be wise to examine all policy exclusions very carefully.

If you have any questions regarding your coverage be sure to ask your agent, broker or company representative for clarification. And don't forget that when filing your income tax your premiums for this coverage can be included in your medical expense credit calculation.

Irvin Hoffman is a partner at Cohen and Lord Insurance Brokers.



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REPORT FROM ISRAEL

Tourism should get boost

JERUSALEM (JTA) — Advances in the peace process are having a profound effect on Israel's tourism industry.

Soon after the historic signing of the Israeli-Palestinian accord, local tourism officials are anticipating a flood of tourists and joint cooperation between Israel and its Arab neighbours.

While industry officials concede that regional cooperation will not be achieved overnight, some projects are in the pipeline.

Arka Airlines, a local carrier serving routes within Israel and to Egypt, recently announced that it will begin flights to and from Amman, Jordan, as soon as political circumstances permit.

"We've already had a number of requests from American Jewish tourists who want to combine their trip to Israel with a visit to Jordan," said Mark Feldman, owner of the Ziontours travel agency in Jerusalem. "We're keeping our fingers crossed."

To encourage tourism, Tel Aviv-based Zlara Tours, owned by businessman Ya'akov Nimrodi, has begun to advertise pilgrimages to Jerusalem and Hebron in a popular Kuwaiti newspaper.

There also has been conjecture that El Al will gain permission to fly over certain Arab countries, perhaps as early as this winter, when the airline launches its new service to Bangkok, Thailand.

Many Israelis seem startled by the new developments - a month ago, visiting Jordan seemed as likely a possibility as flying to Mars. Tourism officials, however, have been planning for the benefits of peace for several years.

The government began to seriously consider the potential benefits four years ago and asked every ministry to draft a proposal for future cooperation between Israel and the Arab countries, said Mordechai Benari, director of public relations at the Ministry of Tourism.

"We imagined what would happen if peace were to come to the region, and came up with a number of suggestions," said Benari. "We realized that Israelis would want to visit neighbouring Arab countries, and that Muslims and Christians living in those countries would want to visit their holy sites

THE PEACE DIVIDEND

In Israel. We discussed tourism promotion, physical planning, and international cooperation between hoteliers, tour operators and airlines.

"At the time it was just a dream, but things are starting to move, at least in the area of international cooperation," he said.

Two examples: In November, the tourism ministers from Israel, Greece, Turkey and Egypt will meet in London to formally dedicate the Eastern Mediterranean Tourism Association. Its goal will be to promote and coordinate "package" deals that will encourage tourists to combine a visit to two or more countries in the eastern Mediterranean.

A more ambitious meeting is set for January, when representatives from Israel, Jordan, Syria and the Palestinian areas are expected to attend a tourism workshop in Cairo within the framework of the multilateral peace negotiations.

"Given the new climate of cooperation and the potential for peace, we anticipate a rapid growth in tourism to the entire region," said Benari. "In 1992, incoming tourism reached 1.8 million, and this year's total could top the elusive two million mark. If the region stabilizes, the possibilities for tourism are limitless."

Brimming with optimism, the Tourism Ministry recently sponsored a symposium titled Israel Tourism in the Era of Peace.

Dozens of industry professionals who attended the conference, from travel agents and tour guides to hotel managers and airline operators, praised the government's recent moves toward peace and underscored how instability in the region has traditionally hurt the Israeli economy as a whole, and the tourism industry in particular.

"Tourism is an important part of the country's economy, and it has been severely hampered by the image of the Middle East as an unsafe

place," said a Jerusalem tour guide. "It's in our own best interest to cooperate with our Arab neighbours."

People in the industry are banking on future breakthroughs on the political front. Even if a full peace remains elusive, they say, Israel's dialogue with the PLO and the compromise on territory is sending a positive signal to the rest of the world.

"There are millions of people, especially Muslims, who have yearned to visit their holy sites here, but were unwilling to do so because of the 'Palestinian Problem,'" said Benari. "We can attract pilgrims from Morocco and Tunisia, for example, if we do our homework."

In addition to an upsurge in pilgrimages, industry insiders hope to attract business people to the country.

Toward that end, the Isrotel hotel chain is building a five-star hotel in Elat that will feature a convention and business centre, as well as leisure facilities.

"Business conferences are an underutilized market for us in Israel," said Daniel Roger, Isrotel's marketing manager. "Most hotels cater to vacationers here for a good time, not those who want to combine work with pleasure. Peace will enable us to attract international business people who want a good working environment plus leisure activities, and we are planning accordingly."

While tourism professionals are obviously most concerned with the immediate impact the peace process is having on local tourism, some are looking down the road a ways.

People here fantasize about attracting 5 million tourists a year, about open borders, about arranging a tour that includes Jerusalem and Mecca, the Muslim holy city in Saudi Arabia.

"Who knows?" said a Tourism Ministry official. "Within the not-too-distant future, there could be a train with the itinerary Damascus-Tel Aviv-Cairo. Passengers would buy a Mid-pass, a Middle Eastern version of the Eurail Pass, and travel freely through the region."

"Peace," he said, "is full of possibilities."

Israel and China reach pacts on flights, economic ventures

JERUSALEM (JTA) — Prime Minister Yitzhak Rabin's historic trip to China, intended to strengthen diplomatic ties and to enhance China's role in the Middle East, has already yielded several joint economic agreements.

Rabin's five-day visit, the first ever by an Israeli prime minister, included a meeting with Chinese Premier Li Peng. The trip comes a month after a visit to China by Palestine Liberation Organization Chairman Yasser Arafat.

Rabin was expected to press China not to sell arms to Iran. But a Chinese Foreign Ministry spokesman said the question did not arise during Rabin's private meeting with Li, which focused on the Israeli-PLO peace accord.

The spokesman, according to Israel Radio, defended what he called China's "principled arms exports," which he said were made

solely for the self-defense of the countries involved. He further defended China's arms exports, saying they "contributed to regional stability."

During the meeting, Rabin reportedly briefed Li on the danger of Islamic fundamentalist groups that have vowed to derail the peace process.

The Chinese Foreign Ministry spokesman said Li viewed the Israeli-PLO accord signed last month in Washington as a breakthrough.

Li had told Rabin that his country would do what it could to support the Middle East peace process, but that its role was limited.

Rabin's visit included an official welcoming ceremony in Tiananmen Square that featured a 19-gun salute and the playing of the two countries' national anthems.

Israel and China signed a series of bilateral commercial agreements

intended to strengthen ties between the two countries.

The first agreement signed by Rabin after his meeting with the Chinese premier was an aviation pact that made formal the present arrangement under which El Al, for the past 14 months, has been flying weekly charter flights between Beijing and Ben-Gurion Airport in Israel.

Air China is soon to start its own charter flights between the two countries.

Under the agreement, El Al will be able to fly to other cities in China in addition to Beijing. El Al will also be able to use Beijing as a stop-over point for flights to other destinations in the Far East, such as Tokyo and Bangkok, Thailand.

Under the terms of a second agreement, the Israeli government-owned Dead Sea Industries will establish a potash plant in China.

Panel formed to re-examine Israeli ties to Diaspora

JERUSALEM (JTA) — Foreign Minister Shimon Peres has launched a drive to examine and prepare for the changing relationship between Israel and Diaspora Jews, according to Labor Party veteran Uri Gordon.

Gordon, head of the immigration and absorption department of the Jewish Agency for Israel, told the Jewish Telegraphic Agency that Peres has tapped him to head a new committee dedicated to the effort.

The committee is being formed, according to a letter from Peres to Gordon, partly in recognition of the "significant transformation" of Diaspora Jewry in recent decades as well as the lack of a special connection felt by Israelis toward Diaspora Jews.

In the Diaspora, "the generation that lived through the horrors of the Holocaust and saw the birth of the State of Israel is slowly aging," Peres wrote. "At the same time, 'the Jewish communities are increasingly occupied with their own internal problems."

Meanwhile, "Israeli society is distancing itself from Diaspora Jewry," Peres wrote.

But the foreign minister's brainchild is also, and perhaps more urgently, a product of Israel's posture "on the threshold of an era of peace in the Middle East."

"The realities of such a peace will completely alter the relationship between Israel and the Diaspora," Peres wrote.

On one hand, the diminished threat to Israel's security will reduce the "binding force" between the two Jewries, "while, on the other hand, many new opportunities for economic and spiritual cooperation will surface."

The Israeli government was under fire for many months following its election last year for failing to cultivate good relations with Diaspora Jewry. Peres' new committee appears to be part of a recent campaign of more careful diplomacy.

Meanwhile, Gordon conceded the initiative is only one of many dedicated to the complex Israeli-Diaspora connection. Indeed, he is one of the founders of another well-established group with the same purpose, the Israel Forum.

But Gordon says this is not business as usual. "I'm not talking only about a new project," he said. "I am talking of a new conception, a completely fresh look at the problem."

Israel Radio English broadcasts

The following timetable is in effect for eastern North America until 6 March 1994.

Time	(Eastern Standard)	Frequency
Midnight - 12:15 am		9435
6:00 - 6:30 am		17545
9:00 - 9:25 am		
(except Fri/Sat)		
1:00 - 1:15 pm	15640	7465
		11587
		11675
3:00 - 3:30 pm	11585	9435
		1603
		7465
5:30 - 6:00 pm	11585	11603
		7465

AROUND THE WORLD

Syria sending conflicting signals about commitment to peace process

WASHINGTON (JTA) — Syrian President Hafez Assad, his views and his opinions, have been among the major question marks hanging over the future of the Middle East peace process.

Now that Israel has signed accords with both the Palestine Liberation Organization and Jordan, the pressure for progress has shifted to the Israeli-Syrian negotiating track, which has been stalemated for months over definitions of peace and withdrawal.

Assad has recently embarked on his version of an American media blitz, offering a rare interview to public television's "MacNeil/Lehrer NewsHour" and allowing his foreign minister to travel to Washington for a rare consultation at the State Department with Secretary of State Warren Christopher.

But despite the relative access in recent days to Assad's thought process, it still remains unclear exactly what he plans to do.

The Syrians, blindsided by the secret Israeli-PLO deal, are clearly concerned that they are being left behind in the talks, in which Israel is also negotiating with the Palestinians, Jordan and Lebanon.

Because of the strong Syrian in-

fluence over the Lebanese government, it is assumed that Lebanon will follow Syria's lead, and that once Assad decides to move, progress will occur on both the Syrian and Lebanese tracks.

Syria is continuing to stress the "comprehensive" nature of the talks, and is arguing that Israel and the Palestinians jumped ahead of the game.

"Nobody expects us to raise banners of happiness and pleasure with such a clandestine agreement held behind our backs," Assad said on the MacNeil/Lehrer program.

In addition, Assad and Syrian Foreign Minister Farouk al-Sharaa have criticized Israeli Prime Minister Yitzhak Rabin for remarks suggesting Israel may focus on the Palestinians for a few months before making major progress with Damascus.

"There is no basis for what the Israelis are talking about — today is specialized for such and such a country, and tomorrow is for such and such a country," Assad said in the interview.

The United States, desperately seeking to keep the momentum going in the talks, has been taking a middle course in its dealings with Syria.

On the one hand, President Clinton has made an effort in recent weeks to keep in touch with Assad. And Christopher held a meeting with Sharaa. It was the first time a Syrian foreign minister had visited the State Department since 1974.

But at the same time, the State Department is keeping Syria on its list of state sponsors of terrorism, where Syria is in the dubious company of such countries as Libya, Iran and Iraq — nations whose foreign ministers are certainly not welcome in Washington.

Assad has been saying he will not act to block the Israeli-PLO deal, but adds at the same time that he will not rein in Damascus-based Palestinian groups that reject the accord.

There is concern among supporters of the accord that radical Palestinian rejectionists will use violence to stop the accord from being implemented, and some feel that Assad could be helpful in curbing those rejectionists.

The Syrian leader's response to such suggestions is to say that Rabin does not attempt to silence his Knesset opponents, who also reject the accord, so why should he, Assad, try to silence the Palestinians?

The United States, along with Egypt, has been trying to suggest ways for Assad and the Israelis to get over their negotiating impasse so that the Syrian track — once viewed as the most promising — can move forward along with the Palestinians and Jordanians.

For months now, Israel and Syria have been locked into a stalemate as they meet for their negotiating rounds at the State Department.

Israel has been waiting for Syria to define what it means by "full peace," while Syria has promised in exchange for "full withdrawal" by Israel from the Golan Heights. Syria, in turn, has been waiting for Israel to spell out its plans for such a withdrawal.

At a photo opportunity for reporters before the meeting with Sharaa, Christopher was clearly trying to soothe the Syrian foreign minister's concerns.

The secretary of state said that one of the purposes of the meeting was to assure Sharaa that the United States is committed to a "comprehensive" peace in the Middle East.

Sharaa, in turn, told reporters that Syria, too, is committed to a comprehensive peace.

Greek Jews hope Papandreu better second time around

ATHENS (JTA) — Andreas Papandreu's surprise return to power as prime minister of Greece has brought back memories within the country's small Jewish population of anti-Israel, pro-Palestinian sentiments that permeated the Socialist leader's earlier regime.

Jews and Israelis are hoping that this time around the Papandreu administration will be more favorable toward Israel and Jews, building on the greatly improved relations forged by the just-outsted regime of Constantine Mitsotakis.

Papandreu's Pan-Hellenic Socialist Movement staged a stunning comeback in recent national elections, winning by a 7.5 percent margin over Mitsotakis' liberal New Democracy Party.

The Socialists won 171 of Parliament's 300 seats, enabling Papandreu to stage a dramatic return to power after corruption charges and scandal drove him from office four years ago.

During his previous term as prime minister, which lasted from 1981 to 1988, Greek Jews believed his policies were not only anti-Israel but also anti-Semitic.

He is remembered for freeing several Palestinian terrorists from prison and calling them "freedom-fighters."

His government's attitude last time around was considered ironic.

Most Greek Jews, who number less than 5,000 out of a population of almost 10 million, had thought the Socialists would be favourable to Greek Jews and Israel. Never in the history of Greek politics had a government had so many Jewish connec-

tions as that one had.

Papandreu, a world-renowned economist during the 1960s and 1970s, owed a large debt of gratitude to a Jew — Stanley Sheinbaum, an American economist who saved Papandreu from the junta of the Greek colossus in 1967.

Papandreu's "Jewish connections" went even further, since his father, George, who himself had been a Greek prime minister, had been smuggled to Egypt during the Nazi occupation of Greece by an underground Jewish organization.

Despite all these connections, things did not turn out as Jews had expected.

Jews remember a remark Papandreu made on national television while having Palestine Liberation Organization Chairman Yasser Arafat standing at his side.

Papandreu had told Arafat that the Israelis "are doing to you what the Nazis did to them."

And of all the foreign policy promises he made at the time, many Greek Jews recall that the only one Papandreu did keep was not recognizing Israel.

Small wonder that the local Jewish community here has taken a wait-and-see attitude toward the Socialists this time around. Most members of the community will admit that international circumstances have changed, thereby forcing the Socialists to change, too.

Nissim Mais, president of the Central Board of Greek Jews, commenting on the Socialists return to power, remarked that Jews in Greece and throughout the

Diaspora are troubled by racism and fascism."

The Socialists' position on this, he said, "is well-known."

Most political and diplomatic observers here believe that relations between Greece and Israel will continue to be warm, a relationship that was purposely fostered by Mitsotakis as soon as he came to power.

Almost immediately upon taking the reigns of the government, Mitsotakis created diplomatic relations with Israel, overturning 40 years of very low-level ties between the neighboring countries.

After that, one of the first joint endeavors the two nations embarked upon was a tourism agreement.

In fact, the two countries' tourism ministers will join those of Turkey and Egypt at a meeting next month in London to formally dedicate the Eastern Mediterranean Tourism Association, which is itself a quiet revolution grown out of the new peace. (see related story, page 17)

One political observer here believes that Greek-Israeli relations will not only continue to be good but will improve as a result of the historic accord signed in Washington on Sept. 13 by Israel and the PLO.

On July 23, Papandreu met with Israel's deputy foreign minister, Yossi Beilin.

According to a source at the meeting, Papandreu told Beilin, "Before you say anything, let me tell you this: In the '80s, my interests were with the Arabs, so I supported them. In the '90s my interests are with Israel. That is why I will support you."

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AROUND THE WORLD

Emilie Schindler is honoured by Yad Vashem

A German Catholic woman who, with her husband, saved the lives of more than 1,000 Polish Jews during World War II, has been designated "Righteous Among the Nations" by Yad Vashem, the Holocaust Martyrs and Heroes' Remembrance Authority in Israel.

"Thank you for remembering me. I did what I could," said Emilie Schindler, 85. Her eyes welled with tears as she received a medal presented by Itzhak Avnon, Israel's ambassador to Argentina, at a ceremony in Buenos Aires, where she now lives.

Later this year Mrs. Schindler will fly to Jerusalem. There, along the Walk of the Righteous at the Yad Vashem Holocaust Museum, a tree named for her husband, the late Oskar Schindler, will now be known as the Emilie and Oskar Schindler tree. Oskar Schindler received the "Righteous" designation before his death in 1974.

The Schindlers' heroism is the subject of a movie directed by Steven Spielberg, titled "Schindler's List," to be released in December by Universal Pictures.

During the Nazi occupation of Poland, Oskar Schindler operated an enamelware factory in Krakow that produced kitchen equipment for

the German army and employed hundreds of Jews. Horrified by Nazi cruelty, the Schindlers determined at great personal risk to save whatever Jewish lives they could.

Resisting efforts to shut his factory and ship his people to Nazi death camps, Mr. Schindler insisted that his Jewish employees were skilled workers essential to the German war effort.

However, as Soviet troops approached Krakow, the factory was closed and its employees ordered to Auschwitz. Fighting the order, Mr. Schindler compiled a list of 1,200 "indispensable" Jewish workers and successfully demanded that they be transferred to a new factory he was opening in Czechoslovakia, where they survived the war.

Today many are still alive, residing in Israel, the United States, Australia and South America.

"I'm one of those who survived thanks to the Schindlers," said Moshe Beikis, a former Israeli Supreme Court judge in a letter that was read at the ceremony.

"To this day I preserve the image of Mrs. Schindler, who day after day brought us heavy pots of soup that she cooked by herself with foods she got at great risk in the black market."

ACROSS CANADA

Anniversary of rescue commemorated

CALGARY — Close to 400 people gathered at the Calgary Jewish Centre on October 3 to commemorate the 50th anniversary of the rescue of the Jews of Denmark. In an unprecedented show of mass civil disobedience, virtually the entire population of Denmark participated in the rescue effort. Warned of the Nazi plans to arrest and deport the Jews to concentration camps, Danes hid their Jewish citizens and spirited them to the coast, where a ragtag fleet of fishing vessels transported them to safe haven in neutral Sweden. Members of the Jewish, Swedish and Danish communities of Calgary joined together to remember this act of heroism.

New sanctuary dedication attracts 400

VANCOUVER — More than 400 people, including politicians and dignitaries from the Jewish and secular communities, attended a ceremony for the dedication of a new sanctuary at Richmond's Beth Tikvah synagogue. The Conservative shul has undergone \$1 million in expansion and renovation.

Peace activist optimistic about future

WINNIPEG — Longtime Israeli peace activist Yael Dayan offered an upbeat forecast of Middle East peace prospects following the signing of the accord on Palestinian self-rule in Washington. D.C. Dayan told a near-capacity crowd at Shaarey Zedek Synagogue, Winnipeg's largest, October 1 that the pact signed by Israeli Prime Minister Yitzhak Rabin and PLO Chairman Yasir Arafat and approved by the Knesset last month puts an end to right-wing Israelis' dream of a Greater Israel, and opens up the prospect of expanded trade and tourism in the region. In the past, she said, Israeli governments have talked about a "Greater Israel" as if the country were only real estate, not people. Dayan's lecture drew both praise and criticism from members of the audience in a follow-up question period.



Nine-year-old Nasta from St. Petersburg examines her new Hebrew alphabet cards. The cards are being distributed by the American Joint Distribution Committee to thousands of children in Jewish schools throughout the former Soviet Union who are beginning their Hebrew studies this fall.

Italian president joins ceremony marking Jews' deportation

ROME (JTA) — The presence of Italy's president lent particular significance to a recent ceremony commemorating the 50th anniversary of the Nazi deportation of Italian Jews.

President Oscar Luigi Scalfaro made the occasion even more meaningful by using it to launch an impassioned warning against rising racism and nationalism in Europe, and against divisive, regionalist politics in Italy.

Recalling the Nazi era and the hatred directed against Jews and others, he said, "I am among those who think that all this can return, but I hope to die before becoming totally pessimistic."

He called for a return to the human values of truth, love, altruism and unity in order to overcome current negative tendencies, such as the move toward dividing people by ethnic identity.

Though he did not mention them by name, his words were also clearly directed at Italy's Northern League Party and its supporters, which have won great support in prosperous northern Italy with calls to separate the region from the rest of the country.

Scalfaro spoke during an unscheduled address that concluded a solemn ceremony in the ornate theater of Carpi, a northern Italian town near Bologna.

It was the final event in a series of commemorations marking the beginning of the Nazi deportation to death camps of about a quarter of Italy's pre-war Jewish community.

The president had not been scheduled to speak, but he said he could not simply sit in silence on such an occasion, and made his address without using notes.

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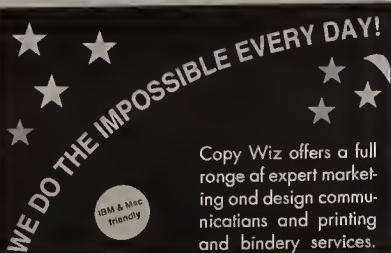
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In memory of Issie Kardish by Betty Baylin and Harold Cohen.

In memory of Anne and Issie Sabran by Betty Baylin and Harold Cohen.

In memory of Martha Cohen by Betty Baylin.

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Mazal Tov to Isaac Beiles on his 90th birthday by Tessa and Nat Schechter by Racheli, Jerry, Jed and Liza Schneiderman; by Yvonne and Harvey Lithwick and family; by Rose Lithwick and family; by Sonie Kizell; by Zelda and Herman Roodman; by Norton, Vicki and Sheila; by Mariette and Morris Wolfson; by Ellen Lithwick; by Lois and Philip Berner; by Thelma Steinman; by Jay Kizell; by Philip Marcus; by Miriam Kozolanzka and Harry Kizell; by Martin K. Levinson; and by Frances and Michael Rubin.

CLAIRE AND IRVING BERCOVITCH FUND

Best wishes to Lillian Saslove for a speedy recovery by Claire and Irving Bercovitch.

HYMAN AND MARION BESSIN MEMORIAL FUND

With sincere appreciation to Brenda and Moshe Bessin by Iboyla, Howard, Shawn and Julia Goldberg.

ALEX AND MOLLIE BETCHERMAN MEMORIAL FUND

Best wishes to Joy and Max Rosenstein for a happy and healthy New Year and thanks for their hospitality by Frances Rodrigues-Ely.

Best wishes to Joy Rosenstein for a happy birthday by Frances Rodrigues-Ely.

Best wishes to Max Rosenstein for a happy birthday by Frances Rodrigues-Ely.

ROSE AND MYER BETCHERMAN FUND

In memory of Fanny Betcherman by Rose Betcherman.

Best wishes to Nelli Gold for a speedy recovery by Rose Betcherman.

MARTIN AND ELLIE BLACK ENDOOWMENT FUND

Best wishes to Martin Black in his new offices with Blake, Cassels and Graydon by Norma and David Freeman, Harrison and Abigail; and by Donna, Eric, Jamie and Jennifer Levin.

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Mazal Tov to Benjamin Feinstein on his 35th birthday by Millie and Percy Weinstein.

TOM AND MIRIAM BORDELAY MEMORIAL FUND

In observance of the Yarzheit of a dear husband, father and grandfather Issie Kardish by Shirley Kardish and family.

ELIEZER MENACHEM BULKA FUND

Mazal Tov to Rabbi and Mrs. Reuven P. Bulkha on the birth of their granddaughter Fradyl by Shirley and Akiva Kriger.

Mazal Tov to Rabbi and Mrs. Reuven P. Bulkha on the forthcoming marriage of Rena to Yehuda Levy by Ruth and Wendy Teller.

Mazal Tov to Rabbi Reuven P. Bulkha on his 25 years of service to Machzikei Hadas Congregation by Rhoda and George Caplan.

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In memory of Avriel Butovsky by Barbara Sobcov.

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Best wishes to Miriam Cantor on her special birthday by Esther Cantor.

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Mazal Tov to Judy and David Kalin on their special anniversary by Marlene, Howard, Tamara and Jessica Cohen.

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Best wishes to Rita and Walter Cole on their 50th wedding anniversary by Doris Edelstein.

NATHAN AND REBA OIENER FUND

Mazal Tov to Shirley Kriger on her special birthday by Reba and Nathan Oiener.

NAT EDELSTEIN MEMORIAL FUND

In memory of Joe Barrett by George Edelstein.

In memory of my dear father Nat Edelstein by George Edelstein.

Congratulations to Robert Marcus and Barbara Nathan-Marcus on their 25th wedding anniversary by Doris Edelstein.

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In memory of Freda Hart by Edna and Seymour Eisenberg.

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Congratulations to Barbara and Sid Cohen on the engagement of Rosanne by Kaysa and Alfred Friedman.

In memory of Herbert Stern by Kaysa and Alfred Friedman.

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Best wishes to Shirley Kriger on her special birthday by Rae Plotnick.

In memory of Michael Hayes by Sharon Waserman.

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Best wishes to Arlene Bonn on her birthday by Ingrid, Gerry, Stephanie and Naomi Levitz.

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Mazal Tov to Cally and Sid Kardash on the engagement of Jonathan to Jennifer by Betty, Ed, Joshua, Spencer and Dana Rose.

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Mazal Tov to David and Norma Freeman on the birth of their daughter Abigail Beth by Ibolya, Howard, Shawn and Julie Goldberg.

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Mazal Tov to Malca Goldstein on her birthday by Rickie and Joe Looper; by Diana and Alvin Malomet; and by Ruth and Myron Poplove.

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Mazal Tov to Barbara and Syd Greenberg on all their special occasions by Simmy and Chuck Gardner.

BEN (BERCHIK) ANO IDA GREENBERG FUND

Best wishes to Isaac Kerzner for a rufah sh'lolah by Lily and Jerry Penso and family; by Max and Ellie Greenberg; and by Dad.

Best wishes to Lily and Jerry Penso on their 35th wedding anniversary by Bernice and Isaac Kerzner.

Continued on page 22

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Best wishes to Syd Greenberg on his special birthday by Fritzl Greenberg; and by Debbie, Norm and Vicki Ferkin.

Best wishes to Barbara and Syd Greenberg on their 40th wedding anniversary by Fritzl Greenberg; and by Debbie, Norm and Vicki Ferkin.

In observance of the Yarzheit of a dear mother and grandmother Fran Ferkin by Debbie, Norm and Vicki Ferkin.

Mazel Tov to Rabbi Reuven P. Bulka on his 25 years of service to Ottawa and Machzikei Hadas Synagogue by Debbie, Norm and Vicki Ferkin.

LAURA AND MILTON GREENBERG FUND

Best wishes to Libby Steinberg on her special birthday by Laura Greenberg.

Best wishes to Seymour Shadishevsky for a ruah sh'lemah by Sarah and Amia Swedler; and by Claire and Irving Bercovitch.

In memory of Arron Wardinger by Laura, Mark and Missy Greenberg.

NATHAN AND SARAH GREENBERG MEMORIAL FUND

In memory of Freda Hart by Evelyn, Irving and Leslie Greenberg.

In sincere appreciation to Evelyn Greenberg by Norman and Bemisse Sim and family.

SAMUEL AND BESSIE GREENBERG FUND

Mazel Tov to Rabbi Reuven P. Bulka on his 25 years of service to Congregation Machzikei Hadas and the Ottawa Jewish Community and best wishes for a happy and healthy New Year by Bessie Greenberg.

Mazel Tov to Debbie and Joe Breitross on the birth of their granddaughter by Aunt Pessa Greenberg.

ZELDA AND JOHN GREENBERG FUND

In memory of Freda Hart by Zelda and John Greenberg.

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Best wishes to Sheila and Larry Hartman for success as General Chairman and Chairman Ladies Division 1994 State of Israel Bonds by Zelaine and Sol Shindler.

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Best wishes to Barbara Fine on her birthday by Libby and Stan Katz.

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Mazel Tov to uncle Isaac Belles on the occasion of his 90th birthday by Gita and Jerry Pearl and family.

In memory of Herbert Stern by Simmy and Chuck Gardner and family.

In appreciation to Hyman Soloway by Members and Staff of the Ottawa Jewish Historical Society.

In observance of the Yarzheit of a dear father Isaac Klaman by Shirley Strem.

HY AND PAULINE HOCHBERG FUND

Mazel Tov to Norman Zagerman on receiving the Founder's Club Award from the Ottawa Jewish Community Foundation by Pauline Hochberg.

Mazel Tov and best wishes to Barbra and Syd Greenberg on their 40th wedding anniversary by Pauline Hochberg and Archie Kassoff.

JEANNE AND JACIE HORWITZ FUND

In memory of Rose Soupcoff by Betsy Borden.

DOROTHY AND HY HYMES FUND

Best wishes to Hy Hymes on his 70th birthday by Ellen and Ron Cherney and family.

Best wishes to Mr. and Mrs. Jack Hymes on their wedding anniversary by Goldie Abramson.

Best wishes to Miriam Weiner on her birthday by Goldie Abramson.

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Congratulations to Steve Backler on his appointment as president of Camp B'nai Brith by Ron Boro.

In memory of Freda Hart by Gale Greenberg.

Congratulations to Harvey Levinson on his appointment as chairman of United Jewish Appeal by Ron Boro.

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Best wishes to Elaine and Eli Rabin on the engagement of Karen to Adi Meir by Alan, Marilyn and Rebecca Wilson.

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In memory of Herbert Stern by Rhoda and George Caplan.

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In memory of Freda Hart by Evelyn and Lou Eisenberg.

Best wishes to Nathan Smith for a speedy recovery by Evelyn and Lou Eisenberg.

In memory of Jennie Halickman by Evelyn and Lou Eisenberg.

Mazel Tov to Rabbi and Mrs. Reuven Bulka on the birth of their granddaughter Freidy by Evelyn and Lou Eisenberg.

Mazel Tov to Mr. and Mrs. Jeff Simbrow on the Bat Mitzvah of their daughter by Evelyn and Lou Eisenberg.

Mazel Tov to Benjamin Feinstein on his special birthday by Evelyn and Lou Eisenberg.

Mazel Tov to Mr. and Mrs. David Freeman on the birth of their daughter by Evelyn and Lou Eisenberg.

MAX AND DORA KAPINSKY KARP MEMORIAL FUND

Best wishes to Li'l Sastive for a ruah sh'lemah by Nap and Fay Kapinsky and family; and by Etta Karp.

ABRAHAM AND TZIPORA KARDASH MEMORIAL FUND

Mazel Tov to Norma and David Freeman on the birth of their daughter Abigail Beth by Rose and Chick Taylor.

In memory of Herbert Stern by Rose and Chick Taylor.

Mazel Tov to Lily and Jerry Penso on their 35th wedding anniversary by Rose and Chick Taylor.

PINHEY AND LIBBY KARDASH FUND

Mazel Tov to Abe and Ethel Murray on the engagement of Ian by Betty, Ed, Joshua, Spencer and Dana Rose.

Mazel Tov to Esther Murray on the engagement of her grandson Ian by Betty, Ian, Joshua, Spencer and Dana Rose.

Mazel Tov to Libby and Pinhey Kardash on the engagement of their grandson Jonathan to Jennifer by Betty, Ed, Joshua, Spencer and Dana Rose.

EVA AND ISRAEL KARDASH FUND

Best wishes to Isaac Kerzner for a speedy recovery by Eva and Israel Kardash.

KERSHMAN FAMILY ENDOWEMENT FUND

Best wishes to Harry Kershman for a ruah sh'lemah by Libby and Stan Katz.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND

In observance of the Yarzheit of a dear father and grandfather Arthur Kimmel by Isobel and Norman Lesh and family.

Best wishes to Benjamin Feinstein on his special birthday by Isobel and Norman Lesh and family.

In memory of Freda Hart by Isobel and Norman Lesh.

NORMAN AND SONIA KIZELL FOUNDATION

In observance of the 20th Yarzheit, 12 Cheshvan, of a beloved father and grandfather Norman Kizell by Gita and Jerry Pearl and family; and by Rachel, Jerry, Jed, and Liza Schnelderman.

In observance of the Yarzheit, 12 Cheshvan, of my dear husband Norman Kizell by Scnia Kizell.

In observance of the Yarzhel of my dear parents Yeschaya Falk and Leiba Gitkin by Sonie Kizell.

GERRY AND RACHELLE KOFFMAN FUND

In memory of Rae Cooper by Rachelle and Gerry Koffman.

Mazel Tov to Dr. and Mrs. Gary Viner on the Bat Mitzvah of their daughter Sarah by Cantor and Mrs. Gery Dallen.

Mazel Tov to Dr. and Mrs. Simon Davidson on the Bar Mitzvah of their son Martin by Cantor and Mrs. Gery Dallen.

SHARON KOFFMAN ATHLETIC SCHOLARSHIP FUND

In memory of Joe Barrett by Lee and Greg Curry; and by Fay and Barry Koffman.

In appreciation to Rabbi Reuven Bulka by Fay and Barry Koffman and family.

In memory of Sharon Koffman by Shirley Kardish; by Sheryn Salberg Ezrin; by Herold and Shelly Levin; by Lewis and Ellen Levin; by Sally and Harry Weltman; by Marc and Cindi Resnick; and by Roslyn Barrett and Rhoda Barrett.

Mazel Tov to Rabbi Reuven Bulka on his 25 years of service to Machzikei Hadas Congregation and the Ottawa Jewish Community by Ken, Tina, Melissa, Jennifer and Patricia Koffman.

In memory of Freda Hart by Fay and Barry Koffman and Sandra and Jimmy Zagon.

GERTRUDE (PLEET) KOTLARSKY MEMORIAL FUND

In observance of the Yarzheit of our brother, B.J. Cutler, Tishbi 24, by Mary Cowan and Harry Kotlarsky.

KRANTZBERG KRANE FAMILY FOUNDATION

In memory of Isidore Sobcuff by Leiba, Robert, Daniel and Lianne Krantzberg.

Best wishes to Evelyn Krane for a ruah sh'lemah by Clair and Julius Krantzberg.

SAMUEL AND IRENE KRONICK FUND

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In memory of our dear parents Mayer and Rose Landau by Nancy and Morris Segal.

In memory of our dear sister Doris Loeb by Nancy and Morris Segal.

In memory of our dear nephew Jay Bryan Taller by Nancy and Morris Segal.

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In memory of Yossi Davidowitz's father by Aunt Lily and Uncle Morris Lang.

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Mazel Tov to Dr. and Mrs. Rick Kesler on their 21st wedding anniversary by Libby and Stan Katz.

Mazel Tov to Mr. and Mrs. Bill Clarfield on their special birthdays by Bella and Harry Leikin.

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Best wishes to Mildred Drizin for a ruah sh'lemah by Miriam and Nat Levin.

Best wishes to Benjamin Feinstein for good health and happiness by Sally and Harry Weltman.

Mazel Tov to Benjamin Feinstein on his 95th birthday by Debbie, Lloyd, Jodi, and Noah Rossman; and by Sara and Bob Ritter.

Best wishes to Mr. and Mrs. Walter Cole for many more happy and healthy years together by Sally and Harry Weltman.

JOSEPH AND EVELYN LIEFF FUND

In memory of Isidore Sobcuff by Sally and Elliott Levitan; by Shirley and Robert Adessky; and by Lawrence and Zelda Freedman.

Best wishes to Evelyn and Joe Lieff on their 40th wedding anniversary by Ellen and Ron Cherney and family; and by Zelaine and Sol Shindler.

In memory of Irving Siegel by Evelyn and Joe Lieff.

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In observance of the Yarzheit of my dear father Moses Esar, 5th Heshvan by Rose Lithwick.

Continued on page 23

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In memory of Gerald Simmons by Board and Staff of Ottawa Modern Jewish School; by Kurt Orlik; and by Gina and Howard Grant.

In memory of Leeh and Eliyahu Greenberg by Board and Staff of Ottawa Modern Jewish School; and by Kurt Orlik.

In memory of Jennie Halickman by Kurt Orlik.

Mazel Tov to Howard Krakower on the engagement of his daughter Marla to Daniel Wiegelerster by Kurt Orlik.

Mazel Tov to Morris and Shirley Schachnow on the birth of their granddaughter by Kurt Orlik.

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Best wishes to Jack Fogel for a complete recovery by Clara Freedman.

Best wishes to Bill Dieks for a *ruah sh'leimah* by Nat and Miriam Levitt.

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Mazel Tov to Bertha and Abe Palmer on the engagement of their granddaughter Rosanne by Bella and Harry Leikin.

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In observance of the Yarzheit of our dear father Oscar Petigorsky by Minnie and Sam Petigorsky; and by Lene Schechter.

Best wishes to Mildred Drazin for a speedy recovery by Miriam Petigorsky. In memory of Ete Bar by Miriam Petigorsky.

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In observance of the Yarzheit of Ruth Polowin by Phyllis Waserman.

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Best wishes to Bill Dieks for a speedy recovery by Evelyn and Norman Potechin.

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Best wishes to Myra and Morris Presser on a job well done as General Chairman and Chairman of Ladies Division, 1993 State of Israel Bonds by Zelaine and Sol Shinder.

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Best wishes to Leo Balaban for a complete recovery by Goldie and Albert Rivers.

Best wishes to Sidney Leibovitch for a *ruah sh'leimah* by Goldie and Albert Rivers.

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Mazel Tov to Karen Rabin and Adi Meir on their engagement by Alti and Berel Rodal.

Mazel Tov to Mrs. F. Rodal and Rabbi Shmuel Rodal on the birth of their grandson and son by Alti and Berel Rodal.

Mazel Tov to Howard Isaac on his engagement to Betty by Alti and Berel Rodal.

In memory of Michael Hayes by Alti and Berel Rodal.

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In memory of Jennie Halickman by Iszie and Rossie Rose.

In memory of Myer Dunn by Iszie and Rossie Rose.

RICKIE AND MARTIN SASLOVE FAMILY FUND

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Mazel Tov to Nettie and Harry Rapaport on the forthcoming marriage of their daughter Heidi by Rickie and Marty Saslove.

SAMUEL AND LILLIAN SASLOVE FUND

Best wishes to Rose Marcovitch for a *ruah sh'leimah* by Dorothy and Maurie Kap and family.

Best wishes to Lillian Saslove for a *ruah sh'leimah* by Dorothy and Maurie Kap and family; by Nili and Barry Saslove and family; and by Carol and Harvey Goodman and family.

In memory of Jennie Halickman by Dorothy and Maurie Kap.

HARRY AND FRANCES AXE FUND

Congratulations to Cecile and Norman Zagerman on their anniversary by Frances and Harry Axe.

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In memory of Joe Barrett by Syd and Shirley Schechter.

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Mazel Tov to Vera and Sam Schwartz on the marriage of their granddaughter Reva by Lena Schechter.

Mazel Tov to Ruth and Ron Levitan on the marriage of their daughter Rava by Lena Schechter.

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Best wishes to Mr. and Mrs. Bob Landau on their wedding anniversary by Laya and Sol Snabinsky.

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In memory of Leeh and Eliyahu Greenberg by Ethel and David Malek.

SOL AND ZELAINE SHINDER FUND

Mazel Tov to Barbara and Syd Greenberg on their 40th wedding anniversary and to Syd on his 60th birthday by Zelaine and Sol Shinder.

In memory of Myer Dunn by Zelaine and Sol Shinder.

Best wishes to Rose Yanover for a *ruah sh'leimah* by Zelaine, Sol, Neil, Jeff and Robin Shinder.

In memory of Freda Hart by Zelaine and Sol Shinder.

LOUIS SLACK MEMORIAL FUND

In memory of Freda Hart by Myra and Lester Aronson and family.

MOE AND CHARLOTTE SLACK FUND

With appreciation to Sadie and Jack Praiser by Charlotte Slack.

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In memory of Freda Hart by Karla and Joe Morrison; and by Leiba, Robert, Daniel and Lianna Krantzberg.

In memory of Sydney Abramowitz by Laiba, Robert, Daniel and Lianne Krantzberg.

Mazel Tov to Jack Smith on being honoured by Beth Shalom West Congregation by Fenja and Irwin Brodo.

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Mazel Tov to Sylvia Smith on the engagement of Rosanne by Bella and Harry Leikin.

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Mazel Tov to Ruby Litwin on her 90th birthday by Victor and Shirley Steinberg and family.

Best wishes to Evelyn Krane for a speedy recovery by Joyce and Jack Steinberg; and by Ruby Litwin.

WILLIAM "BILL" STEINBERG MEMORIAL FUND

In honour of Rabbi Buika's 25 years of service to Congregation Machzikai Hadass by William Goldenberg.

In observance of the Yarzheit of a dear father Harry Goldenberg by William Goldenberg.

ARCHIE AND LILLIAN TALLER FUND

Best wishes to Benjamin Feinstein on his birthday by Lillian and Archie Taller.

JAY B. TALLER MEMORIAL FUND

Mazel Tov to Elaine and Eli Rabin and Amira and Gideon Meir on the

engagement of Karen to Adi by Sally and Morton Taller.

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In memory of Yael Lefkovich by Fenja and Irwin Brodo.

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In memory of a dear husband, father and grandfather Louis J. Cohen by Minerva Cohen and family.

In observance of the Yarzheit of a beloved mother and grandmother Fanny Tanner by Minerva Cohen and family.

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Best wishes to Stanley, Cathy, Mira and Michael Levine for a happy and healthy New Year by Ethel and Irving Taylor.

Mazel Tov to David and Cory on their engagement by Ethel and Irving Taylor.

Mazel Tov to Debbie and Joe Breitross on the birth of their granddaughter by Ethel and Irving Taylor.

In memory of Annie Glick by Ethel and Irving Taylor.

In memory of Freda Hart by Ethel and Irving Taylor.

Mazel Tov to Larry and Sheila Hartman on chairing State of Israel Bonds by Ethel and Irving Taylor.

In memory of Herbert Stern by Ethel and Irving Taylor.

Mazel Tov to Norma and David Freeman on the birth of their daughter by Ethel and Irving Taylor.

PEARL AND EDWARD TORONTOW FUND

Best wishes to Pearl Toronto on her special birthday by Jean and Max Naemark and family; by Bea Torontow and family; by Sylvia Monson; and by Dody Adler.

Mazel Tov to Pearl Toronto on the engagement of her granddaughter Ariella to Jonathan by Jean and Max Naemark and family.

STEPHEN AND GAIL VICTOR FUND

Best wishes to Jack Fogel for a speedy recovery by Gail and Stephen Victor.

WASERMAN FAMILY MEMORIAL FUND

Best wishes to Steve and Donna Waserman on their 14th wedding anniversary by Phyllis and Nat Waserman.

In observance of the Yarzheit of my dear father William Titeiman by Phyllis Waserman.

Mazel Tov to Isabelle Waserman and Philippe Klots on their marriage by Phyllis Waserman.

MIRIAM AND LOUIS WEINER FUND

In memory of Freda Hart by Miriam and Louis Weiner.

MARY AND CAROLINE WEISSBROD MEMORIAL FUND

In memory of Leonard Blanshay by Ruth and Zenith Singer, Allan and Ian.

HELENE AND SAM ZARET FUND

Mazel Tov to Helene Zaret on the birth of her grandson by Bella and Harry Leikin.

CHAIM AND SELA ZARETSKY MEMORIAL FUND

Best wishes to Esther Binder for a speedy recovery by Sarah and Lou Satov.

Contributions may be made by phoning Howard Goldberg at 789-7306, Monday to Friday 10-4. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with an official receipt for income tax purposes. WE ACCEPT VISA.

JEWISH COMMUNITY CALENDAR

MONDAY, NOVEMBER 1	TUESDAY, NOVEMBER 2	WEDNESDAY, NOVEMBER 3	THURSDAY, NOVEMBER 4	FRIDAY, NOVEMBER 5	SATURDAY, NOVEMBER 6	SUNDAY, NOVEMBER 7
Golden Age Club Meeting, Speaker Sharon Abnon Drache, JCC, 151 Chapel Street, 1:00 p.m.	JCC Drop-In Diner, JCC, 151 Chapel, noon - 1:30 p.m.	JCC Conversational Hebrew Course, Beth Shalom West, 15 Chartwell Avenue, 7:30 p.m. - 9:30 p.m.		CANDLELIGHTING: BEFORE 4:25 P.M.	Aguadath Israel Congregation Adult Education Program; Hershel Shanks on "Dead Sea Scrolls," Aguadath Israel Congregation, 1400 Coldey Avenue, 8:00 p.m.	Aguadath Israel Congregation Adult Education Program; Hershel Shanks on "Dead Sea Scrolls," Aguadath Israel Congregation, 1400 Coldey Avenue, 9:30 a.m.
United Jewish Appeal Super Days Telethon, JCC, 151 Chapel St., 5 p.m. - 9 p.m.	JCC Basic Square Dancing, Aguadath Israel Synagogue, 1400 Coldey Ave., 7:30 p.m. - 9:30 p.m.				Hillel Lodge Women's Auxiliary Annual Fall Tea, Hillel Lodge, 125 Wurtemburg Street, 2:00 p.m. - 4:00 p.m.	
JCC ARTS ALIVE	JCC ARTS ALIVE					
MONDAY, NOVEMBER 8	TUESDAY, NOVEMBER 9	WEDNESDAY, NOVEMBER 10	THURSDAY, NOVEMBER 11	FRIDAY, NOVEMBER 12	SATURDAY, NOVEMBER 13	SUNDAY, NOVEMBER 14
Golden Age Club Meeting, JCC, 151 Chapel Street, 1:00 p.m.	United Jewish Appeal Super Days Telethon, JCC, 151 Chapel Street, 5:30 p.m. - 1:30 p.m.	United Jewish Appeal Super Days Telethon, JCC, 151 Chapel, 5 p.m. - 9 p.m.	Beth Shalom Congregation/JCC/Jewish Family Services Jewish Drummers Series; Rabbi Braun's Topic: Transplant Surgery, JCC, 151 Chapel, 7:30 p.m.	CANDLELIGHTING: BEFORE 4:16 P.M.	United Jewish Appeal Sweep-Up Sunday, JCC, 151 Chapel Street, 8:00 a.m. - 5:00 p.m.	
Jewish Community Centre Basic Square Dancing, Aguadath Israel Synagogue, 1400 Coldey Ave., 7:30 p.m. - 9:30 p.m.	JCC - Jewish Artists Guild Introduction to Watercolour, The Studio, JCC, 151 Chapel Street, 1:30 p.m. - 3:30 p.m.	Na'Amat Women, Chana Szemes Chapter Meeting, Home of Doreen Amnon, 673 Morewood Drive, 7:00 p.m.	Beth Shalom Course, Beth Shalom West, 15 Chartwell Avenue, 7:30 p.m. - 9:30 p.m.		Canadian Friends of Beth Hatefutsoth Breakfast/Workshop; "Who Am I? Where Am I From? A Look At 'Oral': The Genealogical System at Beth Hatefutsoth" With Joe Dushansky, Temple Israel, 1301 Prince of Wales Drive, 10:00 a.m.	
	Jewish National Fund Negev Dinner, Machzikei Hadas Synagogue, 2310 Virginia Drive, 5:30 p.m.	JCC Mainstream Square Dancing, Aguadath Israel Synagogue, 1400 Coldey Ave., 7:30 p.m. - 9:30 p.m.	JCC Mah Jong Course, Beth Shalom West, 15 Chartwell Avenue, 7:30 p.m. - 9:30 p.m.			

This information is taken from the community calendar maintained by the Women's Federation of the Jewish Community Council. Organizations that would like their events listed, regardless of where they are to be held, should make sure they are recorded by advising Howard Goldberg, calendar co-ordinator, at 789-7306, between 10 a.m. and 4 p.m.

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JEWISH FAMILY SERVICES
ELAINE RABIN
MSW EXECUTIVE DIRECTOR

Seniors at home need support

By Bev Grossman
Home Support Worker

Our Agency continues to provide important support services both to the frail and well elderly who live in their own homes.

There has been an amazing increase in people requiring these services. Whether it be friendly visiting, transportation, telephone reassurance or Kosher Meals-on-Wheels, we rely entirely on volunteers to provide these services.

Unfortunately the demand always outweighs the supply and consequently, we have to maintain a waiting list of elderly clients.

Here are three situations that need attention immediately. Please call me at 789-1800 — Extension 304.

- An elderly lady living in Alta Vista would love a weekly visitor. Ability to communicate in Czech or German is preferable.
- Jewish elderly male living in Rideau Veteran's Home would love more Yiddishkeit in his life.
- Frail elderly living alone needs a quick morning check-in telephone call. Minimal time — maximum reward.

Condolences

Condolences are extended to the families of:

Freida Pinto Assar, Israel, (mother of Perla Abtan)

Rose (David) Fine

Eugene Lewis Gardner, Montreal, (father of Carol Greenberg)

Eddy Gershberg, Montreal, (father of Sid Gershberg and brother of Rose Kostiner)

Leah and Eliyahu Grebler, Toronto, (par-

ents of Victor Grebler)
Elizabeth Gussin, Winnipeg

Jennie Halickman

Jack Handel

Pearl Klein

Jack Laks, Montreal, (brother of Herb Laks)

Rosa Litzback

Rubin Nadel

Zofia Prasalek

Gerald Simmons

May their memories be a blessing.



Community Info-Night!

Harvey Brodkin invites you to a SNOWHAWKS Info-Evening:

- Tuesday, Nov. 16, 7:30 pm
- the home of Eric & Joy Weisblom
- 56 Saddlebrook St. (Centreville)
- RSVP with Harvey at 730-0701

BROCHURE ALSO AT
STOMMY'S
LIBRARY

FOR MORE INFORMATION & OUR BROCHURE PLEASE CALL
SNOWHAWKS SKI SCHOOL 730-0701

Bulletin Deadlines

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**Wednesday,
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